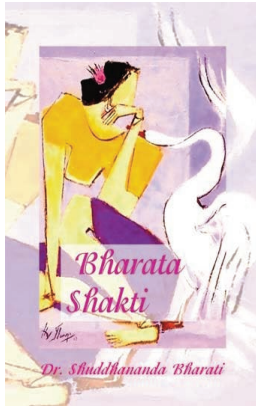


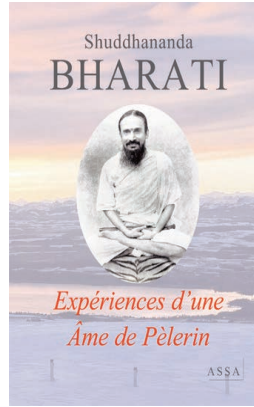


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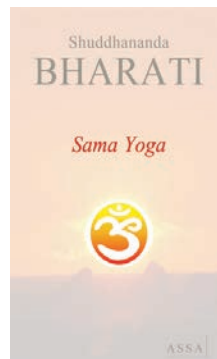
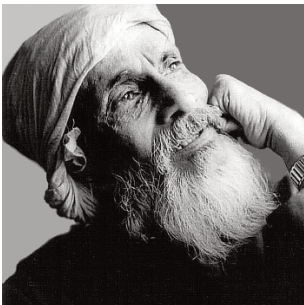
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Livres en français



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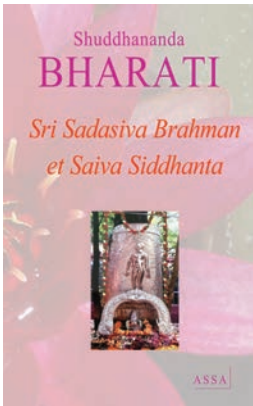
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## Livres en français



### Sri Sadasiva Brahman et Saiva Siddhanta

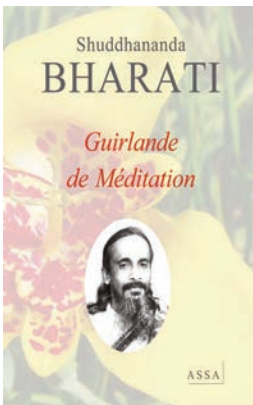
Dr. Shuddhananda Bharati

Collection Editions ASSA

Novembre 2023– 25.- CHF

ISBN : 978-2-88922-105-9, 125 pages, format 148 x 210 mm

Un Jivanmukta, qui signifie littéralement « libéré de son vivant », est une personne qui, dans la philosophie du Vedanta, a acquis une connaissance et une réalisation complètes de soi et atteint kaivalya ou moksha (illumination et libération), c'est-à-dire qu'elle est libérée de son vivant et n'est pas encore morte. Cet état est le but de la moksha dans le Vedanta, le yoga et d'autres écoles de l'hindouisme, et il est appelé Jivanmukti (libération ou illumination). Voici donc la vie de Sri Sadasiva Bhahman, un Jivanmukta vie! Et dans la deuxième partie, Saiva Siddhanta; la connaissance des douze Sutras du Sivajana Bodham.



### Guirlande de Méditation

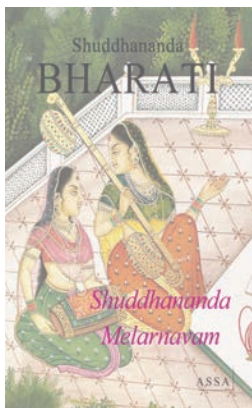
Dr. Shuddhananda Bharati

Collection Editions ASSA

Octore 2023– 35.- CHF

ISBN : 978-2-88922-099-1, 255 pages, format 148 x 210 mm

Nous nous soumettons et adorons aux pieds de Dieu, la Gracieuse Lumière, cet ouvrage fait de fleurs d'amour. Ce livre est une guirlande de fleurs issues des méditations quotidiennes de Swami Shuddhananda Bharati. C'est pourquoi nous l'avons appelé Guirlande de méditations. Ces méditations ont été compilées à partir des journaux intimes de Swami. Ils nous permettent de comprendre l'intensité de la méditation de Swamiji, sa vénération pour Dieu et la pureté de sa vie!



## Shuddhananda Melarnavam

Dr. Shuddhananda Bharati

Collection Editions ASSA

Octobre 2023 – 25.- CHF

ISBN : 978-2-88922-104-2, 138 pages, format 148 x 210 mm

Les 72 ragas Mela Kartha sont la racine principale de la musique carnatique. Sri Thyagaraja et Muthuswamy Dhikshitar ont publié des mela raga geerthanas en télougou et en sanskrit. Kavi Yogi Shuddhananda Bharati nous transmet une oeuvre magnifique. Ces 72 Mela Kartha Ragas sont chantés par Pandit Dr. Mangalam-Palli Balamurali Krishna, un grand vocaliste carnatique indien, multi-instrumentiste, chanteur de reprises, compositeur et acteur.



## Le courant de la Grâce Divine

Dr. Shuddhananda Bharati

Collection Editions ASSA

Septembre 2023 – 36.- CHF

ISBN : 978-2-88922-095-3, 293 pages, format 148 x 210 mm

La clarté, la paix et la sérénité intérieure que l'on trouve dans ce Soi divin, nous aident à traverser tous les méandres de la vie. Shuddhananda Bharati exprime toutes ses expériences et raconte comment il a trouvé sa force intérieure. Shuddhananda Bharati nous offre quelques fruits de sa vie sous forme poétique. On y trouve des réflexions et des mots du quotidien qui résonnent et vibrent en nous. Des outils pour apprendre à connaître, à écouter et à sentir la voix de notre âme.



## Lumière sur la vie de famille

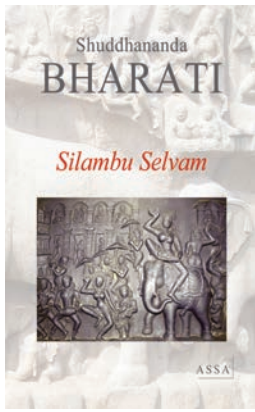
Dr. Shuddhananda Bharati

Collection Editions ASSA

Octobre 2023 – 19.- CHF

ISBN : 978-2-88922-101-1, 119 pages, format 114 x 183 mm

Un pays est un ensemble de foyers. Si le foyer s'épanouit, le pays s'épanouira aussi. Chaque pays doit protéger la vie de famille comme son œil. Le tambour de la victoire d'un pays n'est que l'écho de la victoire de sa vie de famille. Les valeurs morales, l'amour, la bonne profession, la compatibilité mentale, la vérité, la chasteté, la nourriture partagée, la bonne santé et la patience assureront le succès de la vie de famille.



## Silambu Selvam

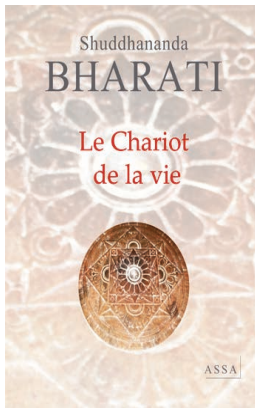
Dr. Shuddhananda Bharati

Collection Editions ASSA

Décembre 2022 – 46.- CHF

ISBN : 978-2-88922-087-8, 400 pages, format 148 x 210 mm

Un trésor littéraire *Silappadikaram*. Il s'agit d'un chef-d'œuvre poétique écrit par Ilango Adigal il y a près de 2 000 ans, mais toujours d'actualité. Les principaux personnages de cette histoire sont Kovalan, sa femme Kannagi, et la danseuse Madhavi. Avant d'écrire ce magnifique synopsis du *Silappadikaram* intitulé *Silambu Selvam*, le Kavi Yogi Dr. Shuddhananda Bharati a étudié de manière critique 150 ouvrages et a ainsi développé une compréhension approfondie du *Silappadikaram*. L'explication de la musique indienne, des effets des vibrations musicales sur le corps et de la signification des gestes des mains lors de la danse du Bharata Natyam font de *Silambu Selvam* un livre très riche d'enseignements.



## Le Chariot de la vie

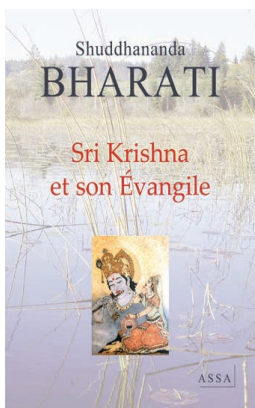
Dr. Shuddhananda Bharati

Collection Editions ASSA

Mai 2022 – 36.- CHF

ISBN : 978-2-88922-083-0, 242 pages, format 148 x 210 mm

Le monde entier est un chariot de l'existence. Tous les êtres vivants en sont les passagers. Il passe par de nombreux obstacles. Lorsque l'homme atteint le stade spirituel de l'équanimité, ce char arrive à sa remise dans une ambiance tranquille et sereine. Chaque personnage de cette pièce théâtrale représente un principe philosophique de la vie. La vie est une jungle de joies et de peines. L'éternelle bataille du bien et du mal s'y déroule en continu. C'est la chance d'en comprendre le plus possible le sens et de s'y rapprocher.



## Sri Krishna et son Évangile

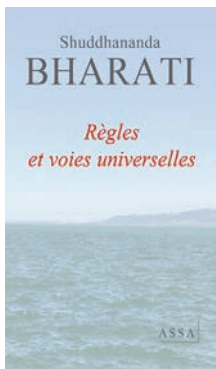
Dr. Shuddhananda Bharati

Collection Editions ASSA

Octobre 2022 – 19.- CHF

ISBN : 978-2-88922-093-9, 93 pages, format 148 x 210 mm

C'est l'intuition cosmique, consciente, rayonnante, imprégnée de l'amour de Dieu en soi et en tout. Les vrais passionnés respirent la conscience de Dieu. Le surnaturel est pour eux naturel. Ils vivent l'éternité dans chaque souffle. Leur vie est imprégnée du parfum et de la beauté divines. Ils s'élèvent dans le grand ciel de la paix et de la félicité. Ils voient Dieu à l'intérieur et à l'extérieur. L'univers entier est pour eux une omniprésence du Tout-Puissant.



## Règles et voies universelles

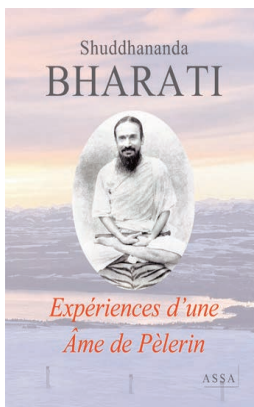
Dr. Shuddhananda Bharati

Collection Editions ASSA

Mars 2022 – 19.- CHF

ISBN : 978-2-88922-082-3, 93 pages, format 114 x 183 mm

Le poète Shuddhananda Bharati, dans son ouvrage Règles et voies universelles, nous offre de nombreuses pistes et de bonnes idées de réflexion à apprendre, afin de mener notre vie le mieux possible. Son texte nous permet d'ouvrir notre cœur à une conscience supérieure en accord avec la loi universelle et divine. C'est un excellent guide personnel pour mener une vie harmonieuse remplie de bonheur.



## Expériences d'une Âme de Pèlerin

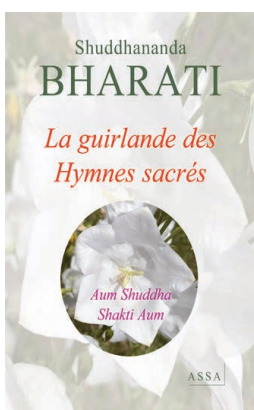
Dr. Shuddhananda Bharati

Collection Editions ASSA

Août 2021 – 42.- CHF

ISBN : 978-2-88922-035-9, 430 pages, format 148 x 210 mm

Un ouvrage inestimable qui lance un jet de lumière sur la voie vers la perfection, la sainteté et le bonheur éternel. Cet ouvrage tant attendu apparaît maintenant, à ce moment difficile, tel un rayon inattendu venu de la tour d'un phare pour éclairer les eaux troubles et tourmentées d'un océan agité par d'innombrables forces qui se heurtent les unes contre les autres. Que tous les chercheurs de vérité aient le courage de se laisser guider en douceur sur la voie vers la Destination divine par l'illumination de cette Âme de Pèlerin.



## La guirlande des Hymnes sacrés

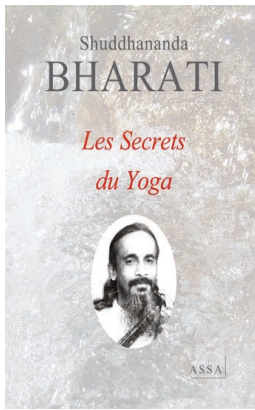
Dr. Shuddhananda Bharati

Collection Editions ASSA

Août 2021 – 29.- CHF

ISBN : 978-2-88922-080-9, 208 pages, format 148 x 210 mm

Le mantra « *Aum Shuddha Shakti* » est celui qui donne l'accomplissement du Yoga qui crée le puissant feu d'énergie qui élimine les difficultés et insuffle de l'éclat aux êtres humains qui subissent des misères. Le ciel, l'espace, le vent, le feu, l'eau, la terre, le soleil, la mer, la pluie, les récoltes, le corps, la vie, la nourriture, tout cela n'est que la manifestation de l'énergie Shuddha Shakti.



## Les Secrets du Yoga

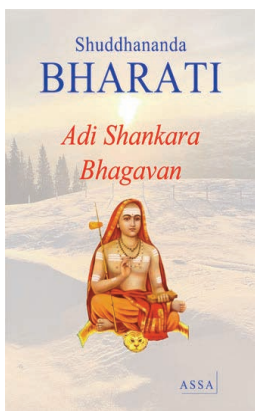
Dr. Shuddhananda Bharati

Collection Editions ASSA

Août 2021 – 36.- CHF

ISBN : 978-2-88922-069-4, 257 pages, format 148 x 210 mm

Ce livre est une découverte, un traité complet et sans précédent sur le yoga en général, un accès à Aum Shuddha Shakti Aum, un pas en avant dans l'union avec le Soi, une explication claire et précise de l'équilibre gnostique qui nous guide à travers les hauts et les bas de la vie et nous aide pour l'unité avec le Divin qui est la réalité de notre être intérieur. Que Sa Grâce s'épanouisse en nous.



## Adi Shankara Bhagavan

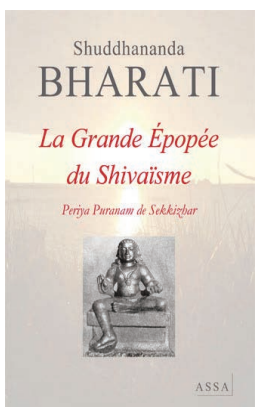
Dr. Shuddhananda Bharati

Collection Editions ASSA

Août 2021 – 29.- CHF

ISBN : 978-2-88922-068-7, 211 pages, format 148 x 210 mm

Cette biographie d'Adi Sankara Bhagavan comprend tous les détails de sa première vie et des pulsions maternelles et spirituelles qui ont agi sur le grand Acharya. Ce qui explique son érudition quasi omnisciente dans pratiquement tous les aspects de la littérature sacrée et profane existant à son époque. Ce n'est pas seulement une biographie, mais aussi un répertoire de nombreux dictons et hymnes mémorables de ce grand Sankaracharya.



## La Grande Épopée du Shivaïsme, Periya Puranam

Dr. Shuddhananda Bharati

Collection Editions ASSA

Juillet 2021 – 36.- CHF

ISBN : 978-2-88922-058-8, 273 pages, format 148 x 210 mm

La Grande Épopée du Shivaïsme est la traduction française de la grande œuvre, populairement connue sous le nom de Periya Puranam de Sekkizhar. Il ne s'agit pas d'un mythe, c'est en réalité un témoignage authentique de la vie de soixante-trois âmes nobles, les Nayanmars, de différents rangs. Leur but commun était de servir Dieu et les hommes de Dieu. Cette épopée n'est pas seulement une œuvre religieuse mais aborde aussi l'éthique sociale. Les saints, en plus de leur vie spirituelle, se sont montrés à la hauteur de la norme sociale établie dans le Tirukkural.



## Bonne conduite, Le Livre de la morale

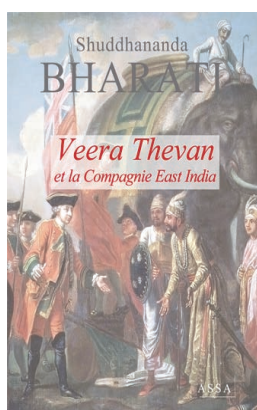
Dr. Shuddhananda Bharati

Collection Editions ASSA

Juillet 2021 – 36.- CHF

ISBN : 978-2-88922-067-0, 331 pages, format 148 x 210 mm

En tant que forme de morale, l'Être suprême de la connaissance est considéré comme possédant huit qualités, à savoir une pureté sans tache, une puissance omniprésente, un immense savoir, une connaissance totale, une félicité illimitée, une conscience de la nature, un état d'autosuffisance et une absence d'attachement à la nature. Il est un Être unique incomparable, ayant en lui tout du Monde, l'Omniprésent.



## Veera Thevan et la Compagnie East India

Dr. Shuddhananda Bharati

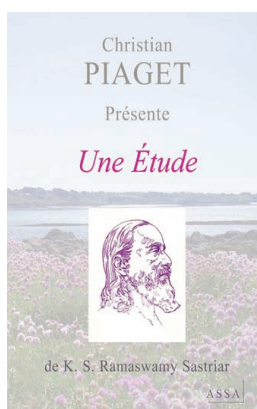
Collection Editions ASSA

Juillet 2021 – 29.- CHF

ISBN : 978-2-88922-052-6, 195 pages, format 148 x 210 mm

Cette nouvelle, « Veera Thevan », l'une des nombreuses nouvelles de Swami Shuddhananda Bharati, retrace, sous forme d'histoire, les événements en lien avec la lutte pour la liberté de courageux Tamouls du royaume Pandiya. Un livre d'action avec Robert Clive, Veera Thevan, Lieutenant-Colonel Bonjour, la Reine de Sivagangai et bien d'autres...

Ces héros de la dynastie Marava se sont farouchement opposés à la domination de la Compagnie East India (East India Company), afin de sauvegarder leur liberté.



## Une Étude

K. S. Ramaswamy Sastriar

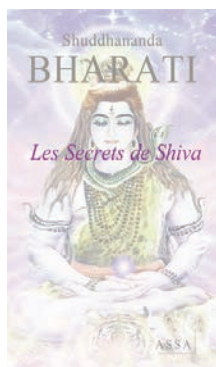
Collection Editions ASSA

Juillet 2021 – 35.- CHF

ISBN : 978-2-88922-045-8, 259 pages, format 148 x 210 mm

Ce livre a été offert à Kavi Yogi Shuddhananda Bharati, poète visionnaire, savant et poète du Tamil Nadu, pour son 50ème anniversaire, le 11 mai 1947. C'est une étude approfondie de toutes les œuvres de Kaviyogi Dr. Shuddhananda Bharati. L'étude de ce livre donnera au public une image vivante et illuminée du Yogi qui a fait de sa vie entière une offrande à Dieu dans l'Esprit et à Dieu dans l'humanité.

Cette œuvre reflète la pureté de l'âme du poète et le parfum pieux de son cœur éblouissant! C'est une image vivante de l'Esprit Divin qui chante dans le poète.



## Les Secrets de Shiva

Dr. Shuddhananda Bharati

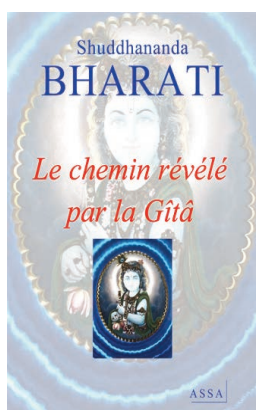
Collection Editions ASSA

Juin 2021 – 19.- CHF

ISBN : 978-2-88922-061-8, 131 pages, format 114 x 183 mm

Le Seigneur Shiva a le don et le pouvoir de nous unir à sa force spirituelle, de nettoyer notre passé, de nous enseigner et de nous guider dans notre évolution et notre développement personnel.

Son énergie créatrice et destructrice de l'ego nous conduit vers la lumière. En tant qu'alchimiste, en fonction de nos progrès, Il guérit nos blessures, nous débarrasse de nos soucis et sème en nous la joie et le bonheur d'être, tout en nous guidant dans notre quête intérieure du divin en nous.



## Le chemin révélé par la Gîtâ

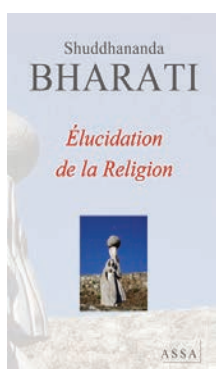
Dr. Shuddhananda Bharati

Collection Editions ASSA

Juin 2021 – 29.- CHF

ISBN : 978-2-88922-059-5, 213 pages, format 148 x 210 mm

L'enseignement de la *Gîtâ* est le yoga, la vérité spirituelle qui s'applique à la vie et à l'action extérieure ; il peut s'agir de n'importe quelle action et pas nécessairement d'une action ressemblant à celle de la *Gîtâ*. C'est le principe de la conscience spirituelle appliquée à l'action qui doit être conservé. En se tournant (à partir de la conscience du monde actuel) vers le Divin et en entrant dans la conscience Divine, on peut posséder aussi l'Éternel en traversant le monde.



## Élucidation de la Religion

Dr. Shuddhananda Bharati

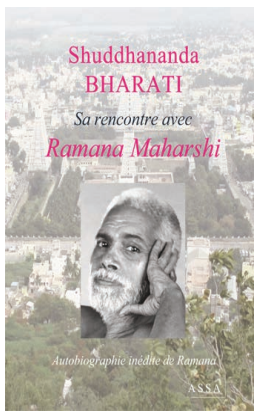
Collection Editions ASSA

Juin 2021 – 19.- CHF

ISBN : 978-2-88922-042-7, 121 pages, format 114 x 183 mm

Dans l'*Élucidation de la Religion*, Yogi Maharishi Dr. Shuddhananda Bharati nous informe de la nature fondamentale de la religion et du voyage que l'âme humaine doit suivre pour atteindre la véritable félicité et l'union avec Dieu. Ce texte nous transmet et nous explique les pratiques et rituels qui nous guident le long de ce sentier sacré, et comment surmonter les obstacles que notre nature humaine place sur notre chemin.





## Sa rencontre avec Ramana Maharshi

Dr. Shuddhananda Bharati

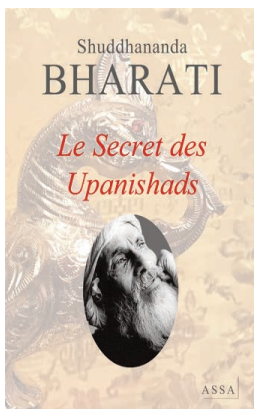
Collection Editions ASSA

Mai 2021 – 36.- CHF

ISBN : 978-2-88922-008-3, 395 pages, format 148 x 210 mm

Nous avons maintenant l'occasion de découvrir de plus en plus les écrits du sage Shuddhananda Bharati en français et quelques fruits de sa vie sous forme poétique. On y trouve des réflexions et des mots de tous les jours qui résonnent et vibrent en nous, des clés pour apprendre à connaître, apprendre à écouter et à sentir la voix de notre âme.

La clarté, la paix et la sérénité intérieure de ce Soi Divin nous aident à traverser tous les rebondissements de la vie. Shuddhananda Bharati exprime ici tout l'amour et la reconnaissance qu'il avait pour Ramana Maharshi, son ami. On découvre ainsi une autobiographie inédite de la vie de Ramana Maharshi.



## Le Secret des Upanishads

Dr. Shuddhananda Bharati

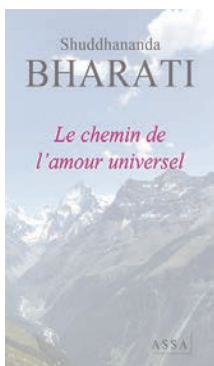
Collection Editions ASSA

Mai 2021 – 25.- CHF

ISBN : 978-2-88922-057-1, 121 pages, format 148 x 210 mm

*Les Upanishads* sont la « mine de connaissances » de Bharat (Terre de l'Inde). Toutes les religions qui ont vu le jour en Inde sont basées sur *les Upanishads*; les écoles de l'*Advaitha*, de la *Dvaitha* et de la *Visishtadvaita*, toutes les trois, chantent *les Upanishads*.

Ils contiennent la vie humaine et les secrets de l'âme qui brille avec la divinité. En filtrant tout cela, Shuddhananda Bharati les décrit parfaitement dans ce livre. Il nous transmet des explications ligne par ligne pour les quatre *Upanishads Isha, Kena, Katha* et *Prasna*.



## Le chemin de l'amour universel

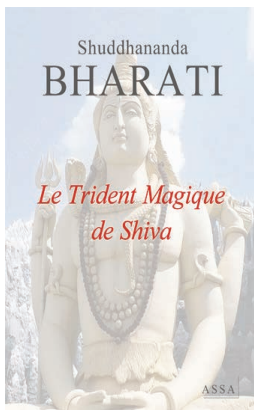
Dr. Shuddhananda Bharati

Collection Editions ASSA

Mai 2021 – 19.- CHF

ISBN : 978-2-88922-063-2, 122 pages, format 114 x 183 mm

*Le chemin de l'amour Universel* montre à l'humanité la façon de vivre ensemble dans un esprit d'amour. Il met en lumière la manière dont le monde entier peut devenir un centre d'Amour. Swami Shuddhananda Bharati a composé une belle description d'une vie merveilleuse, animée par l'amour, l'éthique et la grâce. Swami Shuddhananda Bharati, Être au cœur pur, a œuvré et rayonné par sa Présence sur Terre.



## Le Trident Magique de Shiva

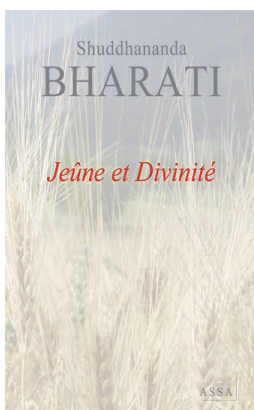
Dr. Shuddhananda Bharati

Collection Editions ASSA

Mai 2021 – 26.- CHF

ISBN : 978-2-88922-047-2, 157 pages, format 148 x 210 mm

Le Trident Magique de Shiva, qui a pour thème principal la quête spirituelle d'Arjuna. Divinité, diable, grandeur des sages, discipline de l'humanité, compétence des guerriers, bonté du Dieu Krishna, voie de la méditation et de la quête, détachement, gloire de la prière de Shiva, miséricorde de Dieu et vertu du mantra Nama Shivaya « Panchakshari » – tous ces sujets sont expliqués dans ce drame. Arjuna, en obtenant les conseils du sage Vyasa a fait la quête dans l'Himalaya et a acquis l'arme divine du Dieu Shiva, démoli l'armée de Kauravas dans la bataille de Bharatha, et a établi la justice.



## Jeûne et Divinité

Dr. Shuddhananda Bharati

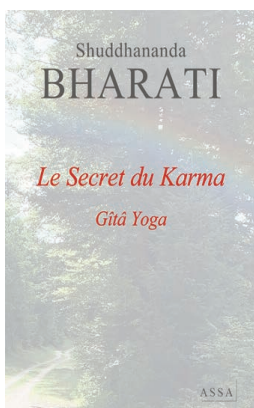
Collection Editions ASSA

Mai 2021 – 21.- CHF

ISBN : 978-2-88922-077-9, 104 pages, format 148 x 210 mm

Une petite pièce de théâtre sur la détermination  
inébranlable en faveur de l'abstinence.

Je salue le Seigneur  
qui se transforme en air vital,  
Qui fait jaillir de la terre les récoltes ;  
Qui est la vie, la cause et ses effets ;  
Et, qui, comme la connaissance et la santé,  
Appartient à tous et à chacun.



## Le Secret du Karma

Dr. Shuddhananda Bharati

Collection Editions ASSA

Mai 2021 – 26.- CHF

ISBN : 978-2-88922-044-1, 169 pages, format 148 x 210 mm

La *Gîtâ* est une explication du yoga de l'Âme Suprême. Il explique en détail les trois types distincts de yoga, à savoir le karma, la dévotion et la sagesse.

Aum ; ce qui est Dieu est complet en lui-même, ce qui est le monde est complet ; de cette complétude, cet objet complet est né. Même après avoir retiré la complétude de la complétude, elle demeure complète. Aum Shan-thi ! Shan-thi ! Shan-thi !



## Le Divin Yoga

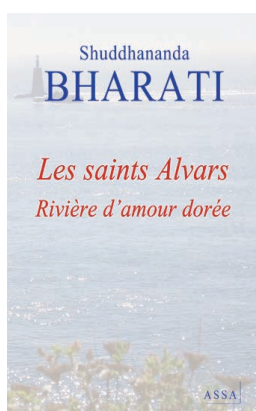
Christian Piaget

Collection Editions ASSA

Décembre 2020 – 19.- CHF

ISBN : 978-2-88922-051-9, 117 pages, format 114 x 183 mm

« Le bonheur est le seul état naturel de la vie. » *Le Divin Yoga* nous donne une nouvelle perspective sur toutes les différentes traditions du yoga. Ses paroles fondent comme du miel dans l'esprit, adoucissent le cœur et apportent la musique à l'âme. La possibilité d'accéder à l'immortalité en transformant la vie spirituelle qui existe au-delà de la vie mentale en un nouvel état divin, ainsi que la réalisation du salut final dans cette vie, voilà le noble objectif du *Divin Yoga*.



## Les saints Alvars

Dr. Shuddhananda Bharati

Collection Editions ASSA

Juin 2019 – 29.- CHF

ISBN : 978-2-88922-016-8, 173 pages, format 148 x 210 mm

L'affinité d'esprit, de cœur et d'âme de l'auteur avec les saints, qu'il décrit et interprète et glorifie dans son œuvre, est remarquable et lui a permis de plonger dans l'océan somptueux de l'âme des Alvars, tout comme les Alvars l'ont fait, avec les mots de l'auteur, « Plongé dans les profondeurs de l'océan de la conscience divine, un alvar est une rivière dorée, d'amour et d'extase, qui trouve sa paix dynamique dans l'océan infini de Sat-Chid-Ananda. »



## L'Homme présent et futur

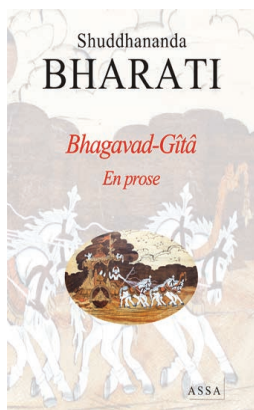
Dr. Shuddhananda Bharati

Collection Editions ASSA

Octobre 2018 – 19.- CHF

ISBN : 978-2-88922-009-0, 131 pages, format 114 x 183 mm

*L'Homme présent et futur* éveille les lecteurs sur les précieuses leçons du passé qui, mises en œuvre dans le présent, nous orienteront vers la construction d'un avenir meilleur où le monde ne sera pas apathique et ignorant, entravant l'harmonie spirituelle. Accepter des éléments du passé, ce n'est pas rejeter le présent ; ce livre est une introduction à la recherche d'un équilibre. Les paroles de Swami Shuddhananda Bharati atteignent le cœur même de l'homme actuel et continueront de le faire dans les années à venir, car le changement demandé par ce livre ne viendra pas dans un jour.



## Bhagavad-Gîtâ

Dr. Shuddhananda Bharati

Collection Editions ASSA

July 2018 – 23.- CHF

ISBN : 978-2-88922-010-6, 119 pages, format 148 x 210 mm

L'essence des *Védas* sont les *Upanishads*. La *Bhagavad-Gîtâ* est une essence des *Upanishads*. La *Gîtâ* donnée par Krishna est la lumière de la vie indienne. C'est un livre commun pour toute l'humanité. Le livre courant de l'Inde est la *Gîtâ*. Il n'y a aucun livre qui indique clairement comment gagner la bataille du chemin de vie et d'atteindre ainsi un plus grand bonheur. Beaucoup dans le monde ont lu la *Bible* dans des langues diverses et font beaucoup d'œuvres de charité. De même, les gens devraient lire la *Gîtâ* dans leur propre langue. Nous devrions atteindre la joie de vivre, comme les gens dévoués, dont la vie est imbibée dans la *Gîtâ*, nous devrions nous unir avec notre âme intérieure.



## Notre santé en conscience

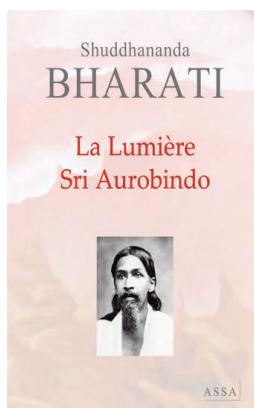
Dr. Shuddhananda Bharati

Collection Editions ASSA

Octobre 2017 – 22.- CHF

ISBN : 978-2-940393-97-8, 143 pages, format 114 x 183 mm

« Ecoutez-moi, vous tous, hommes et femmes : notre corps naturel est un monde en miniature, un palais construit avec cinq éléments, un temple ambulant, le *mantra* de Brahma. Il est vain de haïr le corps. Peut-on vénérer Dieu après avoir détruit son temple ? Veillez à la santé de ce sanctuaire de Dieu qui est la pierre angulaire de la vie. Un corps sain garantit une vie saine. Un arbre robuste donne des fruits succulents. Quand le corps se dégrade, la vie le fait aussi. Si le corps est affaibli, la lignée l'est aussi. Le corps est notre outil pour bien agir et trouver le bonheur pendant cette naissance-ci et la prochaine. Engagez-vous au service du corps comme au service de Dieu. »



## La Lumière Sri Aurobindo

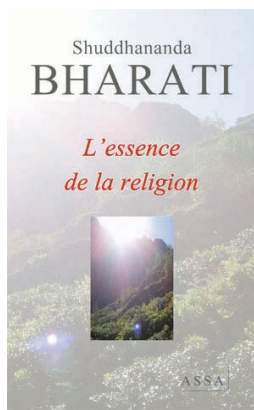
Dr. Shuddhananda Bharati

Collection Editions ASSA

Juin 2017 – 32.- CHF

ISBN : 978-2-940393-98-5, 220 pages, format 148 x 210 mm

La Lumière de Sri Aurobindo ouvre la voie à une conscience supérieure, la supra-conscience. Dans ce livre, Shuddhananda Bharati nous révèle son immense amour pour Sri Aurobindo, et ouvre un chemin perceptible au fil du temps pour nous tous. Il édifie ainsi la perception de l'unité de la conscience en gardant chacun sa propre individualité. Gratitude et Plénitude! Aum Shuddha Shakti Aum !



## L'essence de la religion

Dr. Shuddhananda Bharati

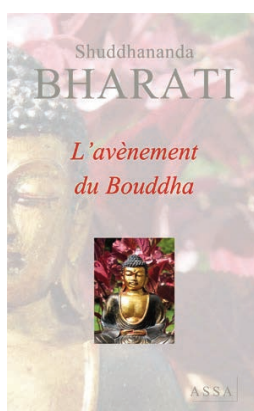
Collection Editions ASSA

Juillet 2016 – 19.- CHF

ISBN : 978-2-940393-89-3, 125 pages, format 114 x 183 mm

Dans leur simplicité, les doux chants tamouls de *Samaya Saaram* révèlent la clarté des grandes philosophies, règles spirituelles et religions du monde.

Lire et étudier ce livre, c'est s'instruire sur plusieurs religions, percevoir la vérité élémentaire ; c'est comprendre que tous les humains forment une seule famille, qui peut vivre sans distinction de castes ou de croyances.



## L'avènement du Bouddha

Dr. Shuddhananda Bharati

Collection Editions ASSA

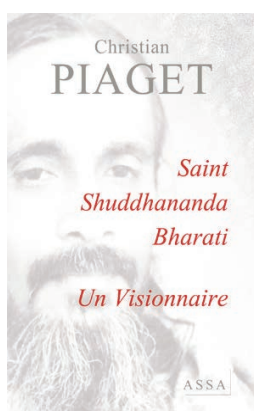
Mai 2015 – 19.- CHF

ISBN : 978-2-940393-72-5, 95 pages, format 114 x 183 mm

ISBN : 978-2-88922-508-8, e-book format pdf A4, 51 pages, 14.- CHF

ISBN : 978-2-88922-509-5, e-book format Epub, 42 pages, 14.- CHF

Avec le temps, la valeur des trésors ne diminue pas, elle augmente ! L'avènement du Bouddha, joyau littéraire et spirituel du sage Shuddhananda Bharati, est un véritable trésor. Que la bienveillance et la compassion du Bouddha accompagnent la lecture de ce livre ! Le précieux enseignement du Seigneur Bouddha, Lumière du monde. « La vie sacrée du noble Seigneur Bouddha présente une douceur et une gentillesse inépuisable. Elle apporte au serviteur bienveillant des éclaircissements riches de sens. »



## Saint Shuddhananda Bharati, Un Visionnaire

Christian Piaget

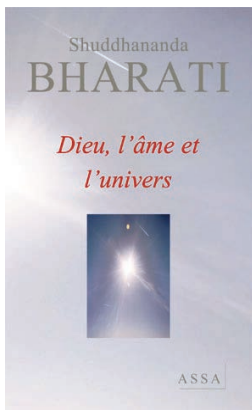
Collection Editions ASSA

Janvier 2014 – 21.- CHF

ISBN : 978-2-940393-53-4, 153 pages, format 114 x 183 mm

Ayant vu la matière éternelle, offrant son cœur pour temple, par le biais de la pratique du Vrai Sama Yoga, son âme a atteint la libération, c'est-à-dire Kavi Yogi Shuddhananda Bharati.

Il est sage. Il possède le calme et la plénitude, la puissance pure et le savoir divin. Il est poète. Il a fait vœu de rafraîchir ce monde et d'en faire émerger un paradis divin.



## Dieu, l'âme et l'univers de saint Meikandar

Dr. Shuddhananda Bharati

Collection Editions ASSA

Mars 2013 – 19.- CHF

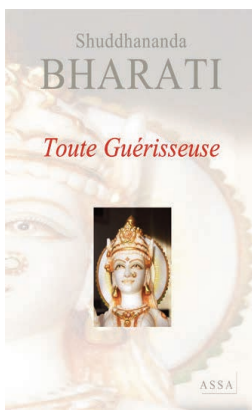
ISBN : 978-2-940393-49-7, 110 pages, format 114 x 183 mm

ISBN : 978-2-88922-118-9, e-book format pdf A4, 44 pages, 14.- CHF

ISBN : 978-2-88922-118-6, e-book format Epub, 75 pages, 14.- CHF

Les douze aphorismes de saint Meikandar sont un classique de la littérature tamoule du 13<sup>e</sup> siècle. Pour nous, ils constituent un guide précieux dans la quête de la Vérité éternelle. Ce livre d'une rare qualité sur l'existence et l'évolution de l'âme est un cadeau offert à celles et ceux qui cherchent la vérité.

Le nom Meikandar (« celui qui voit la vérité ») désigne un yogi parfait, un *jnani* divin qui proclame, de l'intérieur, la vérité pure et sublime sur les trois entités éternelles : Dieu, l'âme et l'univers.



## Toute Guérisseuse, Dialogues

Dr. Shuddhananda Bharati

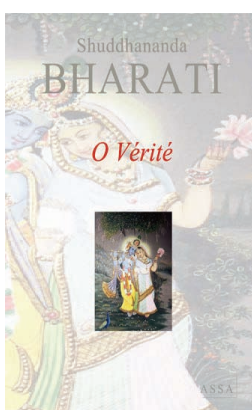
Collection Editions ASSA

*Dialogues avec la Mère divine*, tome 1

Septembre 2012 – 26.- CHF

ISBN : 978-2-940393-35-0, 177 pages, format 148 x 210 mm

Pendant son séjour à Pondichéry, le yogi apprend le français. *Toute Guérisseuse, Dialogues* est le premier tome des *Dialogues avec la Mère divine*, inspirés et composés dans cette langue. Les textes réunis ici reflètent un véritable dialogue intérieur avec la Mère, la divine Shakti universelle, en même temps qu'un dialogue extérieur : l'élève s'adresse quotidiennement à la Mère de l'ashram, chante ses louanges, demande son aide.



## O Vérité, Dialogues

Dr. Shuddhananda Bharati

Collection Editions ASSA

*Dialogues avec la Mère divine*, tome 2

Septembre 2012 – 25.- CHF

ISBN : 978-2-940393-36-7, 159 pages, format 148 x 210 mm

*O Vérité, Dialogues* est le deuxième tome des *Dialogues avec la Mère divine*. Ces exercices de rédaction en français reflètent un dialogue intérieur avec la Mère universelle et un dialogue extérieur avec la Mère de l'ashram. « Je veux avoir une perfection comme Ton propre enfant. C'est pour cela que j'apprends le français, mon doux français. » L'apprentissage de la langue participe à la démarche spirituelle.



## Amour, amour, amour ! Dialogues

Dr. Shuddhananda Bharati

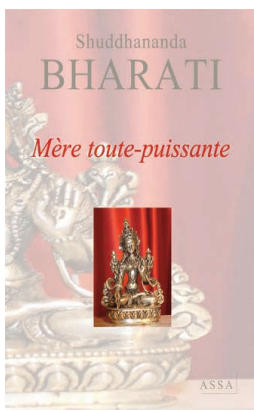
Collection Editions ASSA

*Dialogues avec la Mère divine*, tome 3

Septembre 2012 – 26.- CHF

ISBN : 978-2-940393-37-4, 167 pages, format 148 x 210 mm

*Amour, amour, amour ! Dialogues* est le troisième tome des *Dialogues avec la Mère divine*: des textes rédigés en français, dialogue intérieur avec la Mère universelle, extérieur avec la Mère de l'ashram. L'élève aspire à la perfection: « Mène-moi, ô Force victorieuse, de l'ignorance mentale vers la Connaissance divine ... transforme cet être tout imparfait en la perfection rayonnante de Ton propre enfant. »



## Mère toute-puissante, Dialogues

Dr. Shuddhananda Bharati

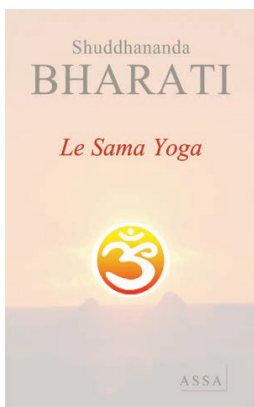
Collection Editions ASSA

*Dialogues avec la Mère divine*, tome 4

Octobre 2012 – 26.- CHF

ISBN : 978-2-940393-38-1, 175 pages, format 148 x 210 mm

*Mère toute-puissante, Dialogues* est le quatrième et dernier tome des *Dialogues avec la Mère divine*, rédigés en français: dialogue intérieur avec la Mère universelle, extérieur avec la Mère de l'ashram. L'apprenti exprime sa ferveur: « O Beauté, Pureté, Bonté, ô mon espoir très fort, Béatitude céleste, je prie que Ta VOLONTÉ omnisciente fasse de moi un vrai Soleil de Ton AMOUR rayonnant. L'amour, la foi, la paix de l'âme sont la force de propulsion de toutes les victoires. »



## Le Sama Yoga

Dr. Shuddhananda Bharati

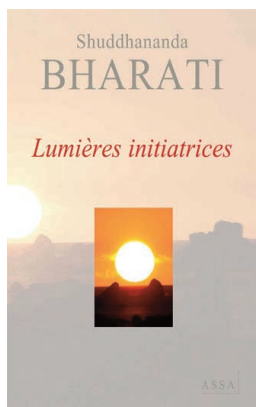
Collection Editions ASSA

Mai 2012 – 21.- CHF

ISBN : 978-2-940393-39-8, 160 pages, format 114 x 183 mm

ISBN : 978-2-88922-098-4, e-book format pdf A4, 63 pages, 16.- CHF

Notre existence est une force d'âme incarnée dans la matière. On peut comparer la matière et l'âme à la carrosserie et au pilote d'une voiture. Le yoga va au plus profond de l'âme, ouvre les mystères intérieurs et libère la force divine de l'être mental et psychique. La science résout les problèmes extérieurs. Yoga et science édifient ensemble l'harmonie de la vie collective universelle. Nous voyons alors une nouvelle humanité transformée, nous entendons le cantique béni de la Paix pour tous, c'est le Sama Yoga.



## Lumières initiatrices

Dr. Shuddhananda Bharati

Collection Editions ASSA

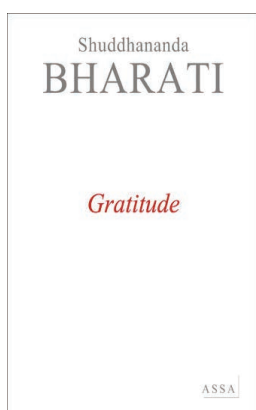
Décembre 2011 – Livre 26.- CHF – Livre + CD 39.- CHF – CD 21.- CHF

ISBN : 978-2-940393-33-6, 165 pages, format 148 x 210 mm

ISBN : 978-2-88922-086-1, e-book format pdf A4, 97 pages, 21.- CHF

Vous êtes la Lumière de Dieu. Entrez, la musique du silence serein vous guide. La lumière mystique d'*Aum* vous appelle: « Je suis, *Aum*. » La vie est la floraison de sa splendeur, l'harmonie du multiple en l'unique. C'est le moi-Soi, l'individu. L'univers des êtres est son Soi-tout. Identique sous tous les noms et les formes, le Soi cosmique est toujours lui-même, immuable, immortel.

Préface de Monsieur Martin Brofman. Avec CD Lumières initiatrices.



## Gratitude, Poèmes

Dr. Shuddhananda Bharati

Collection Editions ASSA

*La Poésie de l'énergie spirituelle*, tome 5

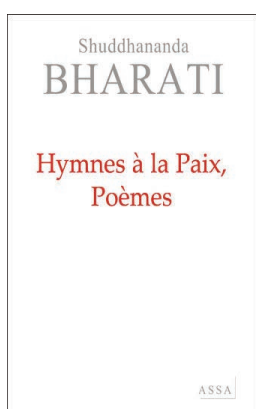
Août 2011 – Livre 26.- CHF – Livre + CD 39.- CHF – CD 21.- CHF

ISBN : 978-2-940393-25-1, 176 pages, format 148 x 210 mm

ISBN : 978-2-88922-070-0, e-book format pdf A4, 123 pages, 21.- CHF

L'œuvre poétique du Dr. Shuddhananda Bharati prolonge sa quête spirituelle. Pour lui, « le Poète est un messager de la Vérité et de la vie harmonieuse. Sa parole créatrice ouvre les yeux humains à la vision du Divin en l'homme. » Le recueil *Gratitude, Poèmes*, quatrième tome de *La Poésie de l'énergie spirituelle*, réunit les poèmes écrits en français par le Yogi Shuddhananda Bharati.

Préface de Madame Rosette Poletti. Avec CD Gratitude.



## Hymne à la Paix, Poèmes

Dr. Shuddhananda Bharati

Collection Editions ASSA

*La Poésie de l'énergie spirituelle*, tome 4

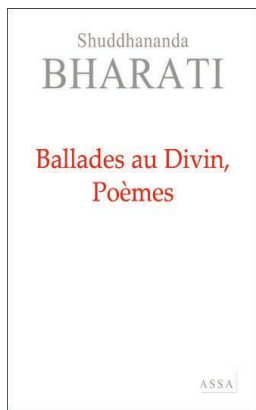
Février 2011 – 29.- CHF

ISBN : 978-2-940393-22-0, 215 pages, format 148 x 210 mm

L'œuvre poétique du Dr. Shuddhananda Bharati prolonge sa quête spirituelle. Pour lui, « le Poète est un messager de la Vérité et de la vie harmonieuse. Sa parole créatrice ouvre les yeux humains à la vision du Divin en l'homme. »

Le recueil *Hymne à la Paix, Poèmes*, quatrième tome de *La Poésie de l'énergie spirituelle*, réunit les poèmes écrits en français par le Yogi Shuddhananda Bharati.





## Ballades au Divin, Poèmes

Dr. Shuddhananda Bharati

Collection Editions ASSA

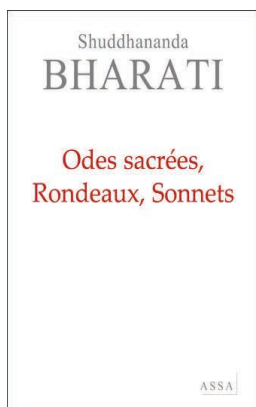
*La Poésie de l'énergie spirituelle*, tome 3

Janvier 2011 – 29.- CHF

ISBN : 978-2-940393-21-3, 184 pages, format 148 x 210 mm

L'œuvre poétique du Dr. Shuddhananda Bharati prolonge sa quête spirituelle. Pour lui, « le Poète est un messager de la Vérité et de la vie harmonieuse. Sa parole créatrice ouvre les yeux humains à la vision du Divin en l'homme. »

Le recueil *Ballades au Divin, Poème*, troisième tome de *La Poésie de l'énergie spirituelle*, réunit les poèmes écrits en français par le Yogi Shuddhananda Bharati.



## Odes sacrées, Rondeaux, Sonnets

Dr. Shuddhananda Bharati

Collection Editions ASSA

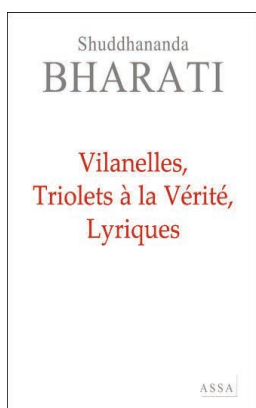
*La Poésie de l'énergie spirituelle*, tome 2

Juillet 2010 – 29.- CHF

ISBN : 978-2-940393-20-6, 191 pages, format 148 x 210 mm

L'œuvre poétique du Dr. Shuddhananda Bharati prolonge sa quête spirituelle. Pour lui, « le Poète est un messager de la Vérité et de la vie harmonieuse. Sa parole créatrice ouvre les yeux humains à la vision du Divin en l'homme. »

Le recueil *Odes sacrées, Rondeaux, Sonnets*, deuxième tome de *La Poésie de l'énergie spirituelle*, réunit les poèmes écrits en français par le Yogi Shuddhananda Bharati.



## Vilanelles, Triolets à la Vérité, Lyriques

Dr. Shuddhananda Bharati

Collection Editions ASSA

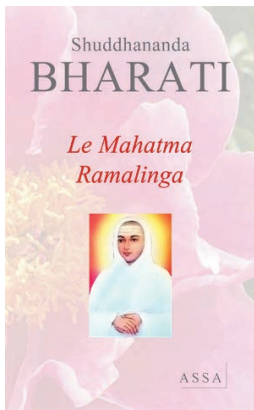
*La Poésie de l'énergie spirituelle*, tome 1

Juillet 2010 – 29.- CHF

ISBN : 978-2-940393-19-0, 185 pages, format 148 x 210 mm

L'œuvre poétique du Dr. Shuddhananda Bharati prolonge sa quête spirituelle. Pour lui, « le Poète est un messager de la Vérité et de la vie harmonieuse. Sa parole créatrice ouvre les yeux humains à la vision du Divin en l'homme. »

Le recueil *Vilanelles, Triolets à la Vérité, Lyriques* constitue le premier tome de *La Poésie de l'énergie spirituelle*, qui réunit les poèmes écrits en français par le Yogi Shuddhananda Bharati.



## Le Mahatma Ramalinga et ses révélations

Dr. Shuddhananda Bharati

Collection Editions ASSA

Mai 2011 – 19.- CHF

ISBN : 978-2-940393-26-8, 147 pages, format 114 x 183 mm

ISBN : 978-2-88922-072-4, e-book format pdf A4, 52 pages, 14.- CHF

ISBN : 978-2-88922-073-1, e-book format Epub, 71 pages, 14.- CHF

ISBN : 978-2-88922-021-2, e-book format kindle, 147 pages, 6.- CHF

Le Mahatma Ramalinga a connu à la fois les caractéristiques des formes visible et non visible de *Jyoti*, la Lumière divine. Elle a une forme car on peut en faire l'expérience et la voir. Elle est également sans forme, car on ne peut pas la sentir et elle peut s'éteindre.

Le Mahatma Ramalinga a estimé que la Vérité éternelle demeure non révélée et que c'est *Jyoti*, la Lumière infinie de la Grâce, qui provoque la révélation de la Vérité.

## Notre religion

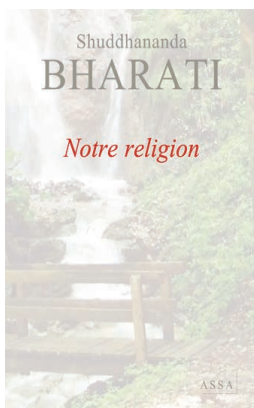
Dr. Shuddhananda Bharati

Collection Editions ASSA

Janvier 2011 – 29.- CHF

ISBN : 978-2-940393-24-4, 182 pages, format 148 x 210 mm

Notre religion est le traité d'une vie introspective, droite, universelle. Cette œuvre inspirée a pour principe unique la vie spirituelle de l'humanité toute entière, dans la pureté, l'unité, la divinité et l'égalité. La religion apporte à notre vie intérieure un équilibre rythmé. Elle vise l'autonomie dans le respect de la vérité de l'existence, elle supporte les coups de la vie matérielle et façonne l'harmonie de la vie spirituelle.



## Les Secrets du Sama Yoga

Dr. Shuddhananda Bharati

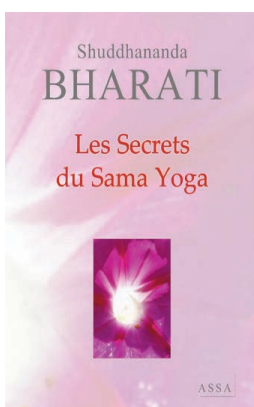
Collection Editions ASSA

Juillet 2010 – 29.- CHF

ISBN : 978-2-940393-16-9, 197 pages, format 148 x 210 mm

Avant de se déverser dans l'océan, le fleuve arrose collines et vallons, passe par des niveaux fluctuants. La terre le vide ; le ciel le remplit. Les hommes, les animaux et les plantes y puisent chaque jour ; la pluie et les sources le remplissent. A travers plaines et plateaux, champs et prairies, villes et hameaux, il poursuit sa course en chantant « Je suis Aum ».

De même, le courant de la vie coule à travers diverses incarnations limitées pour se déverser dans la Béatitude infinie. Le passé est sa source, le présent son cours, l'avenir son but. La force spirituelle est sa ressource.





## Les Secrets de la Sadhana

Dr. Shuddhananda Bharati

Collection Editions ASSA

Janvier 2010 – 19.- CHF

ISBN : 978-2-940393-14-5, 95 pages, format 114 x 183 mm

ISBN : 978-2-88922-048-9, e-book format pdf A4, 37 pages, 14.- CHF

ISBN : 978-2-88922-049-6, e-book format Epub, 43 pages, 14.- CHF

ISBN : 978-2-88922-122-6, livre audio CD 1, 21.- CHF

ISBN : 978-2-88922-123-3, livre audio MP3, 12.- CHF

*Sadhana* signifie effort, réalisation. Ce mot désigne l'effort que l'être humain accomplit vers la découverte de soi et la perfection, par l'union avec Dieu. Ce petit livre sera très utile à celles et ceux qui aspirent à la perfection de soi. Ce traité pratique de Sadhana Yoga est écrit dans un style clair, agréable. Ses quelques pages recèlent des richesses infinies. L'auteur y parle toujours à partir de la réalisation de soi. Les personnes qui cherchent la réalité, la paix et la béatitude trouveront ici un pur bonheur.

## Evangile de la Vie parfaite

Dr. Shuddhananda Bharati

Collection Editions ASSA

Mai 2009 – 35.- CHF

ISBN : 978-2-9700391-4-3, 254 pages, format 148 x 210 mm

Cet *Evangile de la Vie parfaite* vous donne en douze chapitres les degrés des Sadhanas du *Sama Yoga*. Le socialisme spirituel, *Sama Yoga*, est l'accomplissement de tous les espoirs et efforts humains. Il est le modèle d'une vie collective meilleure, plus élevée, plus pure, en accord avec l'Âme qui est Une en tout. Le socialisme spirituel voit tout dans l'Un et l'Un dans le Tout. L'univers est son temple. L'âme humaine collective est son Dieu, le service consacré est son culte ; son propre plaisir est de voir tout le monde heureux. Le socialisme spirituel est la panacée pour un monde qui a dépassé la guerre.

## Le Yogi

Dr. Shuddhananda Bharati

Collection Editions ASSA

Avril 2008 – 16.- CHF

ISBN : 978-2-940393-06-0, 85 pages, format 114 x 183 mm

ISBN : 978-2-88922-032-8, e-book format pdf A4, 29 pages, 11.- CHF

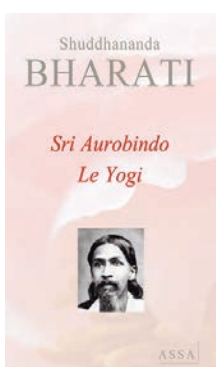
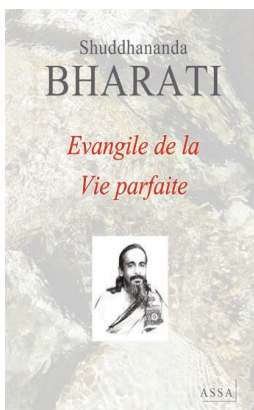
ISBN : 978-2-88922-033-5, e-book format Epub, 37 pages, 11.- CHF

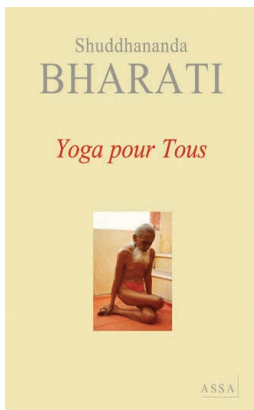
Calme, auguste, rayonnante, établie dans la paix du Soi, ancrée dans un silence créateur, la personnalité de Sri Aurobindo nous émerveille par chacun de ses aspects imposants.

« Toute vie, si nous regardons au-delà de ses apparences, est l'immense yoga que fait la nature, s'efforçant de se diriger vers la perfection par la réalisation progressive de ses potentialités ignorées et cherchant à s'unir avec sa propre essence divine. Toute existence, consciemment ou inconsciemment, est un Yoga ».

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## Yoga pour Tous

Dr. Shuddhananda Bharati

Collection Editions ASSA

Avril 2006 – 26.- CHF

ISBN : 978-2-9700391-2-9, 162 pages, format 148 x 210 mm

Redécouvrir le Yoga et vivre en accord avec le Soi, cela est une fontaine de sagesse qui peut mettre fin à notre soif et nous rendre joyeux. La lumière enfouie dans chaque cœur se réveille par le Yoga et sourit à nouveau pour la paix et la félicité dans notre âme. Le Yoga, c'est la vie juste, l'action juste. Nous sommes en vie grâce à la réunion de certains éléments et de certains principes. Les poumons respirent en union avec l'air; les poumons vivent en Yoga avec l'air. Le cœur bat en union avec le sang; le cœur vit en Yoga avec le sang. Notre corps vit en union avec le Pur Esprit et cela en union avec le Divin. Cette union est appelée Yoga.

## Enigmes cosmiques

Dr. Shuddhananda Bharati

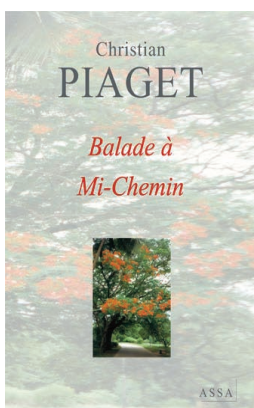
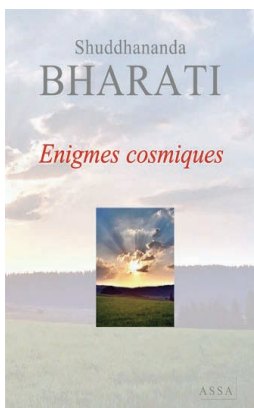
Collection Editions ASSA

Avril 2005 – 26.- CHF

ISBN : 978-2-9700391-1-2, 151 pages, format 148 x 210 mm

ISBN : 978-2-88922-002-1, e-book format pdf A4, 83 pages, 21.- CHF

Une réponse claire aux doutes et aux contradictions sans fin qui surgissent dans la vie des hommes et des femmes de ce monde. Vous trouverez ici la réponse à d'innombrables questions posées à l'auteur durant ses voyages autour du monde et ses tournées en Orient et en Occident. Une approche de la relation entre l'Homme et Dieu. Une description perceptible et précise de l'énigme de l'existence. Une aide à la compréhension des êtres humains entre eux. L'essence du livre est une explication de la naissance à la mort jusqu'à l'aboutissement en trouvant le Soi Divin qui est la source, le cours et la ressource de la vie.



## Balade à Mi-Chemin

Christian Piaget

Collection Editions ASSA

Juin 2004 – 21.- CHF

ISBN : 978-2-9700391-0-5, 60 pages, format 148 x 210 mm

ISBN : 978-2-88922-000-7, e-book format pdf A4, 51 pages, 16.- CHF

Balade à Mi-Chemin

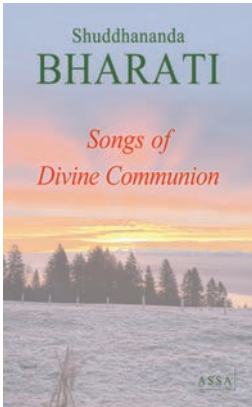
Écrit sur le Parchemin,

C'est un Sentier Poétique

Naturel et Authentique !

Sur les plateaux du haut Jura, l'âme du poète s'est inspirée au fil du temps pour se retrouver à Mi-Chemin sur la trajectoire de son destin ! Ce recueil de poèmes est un ouvrage lumineux, tant par son contenu que par sa conception esthétique. En trois chapitres, la poésie vous entraîne sur des chemins spirituels, romantiques et géographiques.

## Books in english



### Songs of Divine Communion

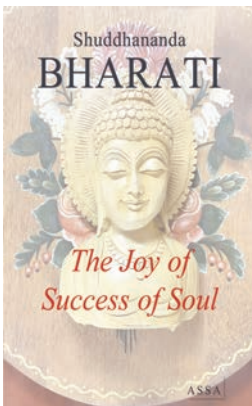
Dr. Shuddhananda Bharati

Collection Editions ASSA

March 2024 – 24.- CHF

ISBN : 978-2-88922-100-4, 117 pages, format 148 x 210 mm

There are 125 sweet songs in *Deva Gaanam*; they are all new songs endowed with divine fervour; replete with the tenets of Vedanta and Siddhanta, they are musical compositions designed to show the way to the human community. These songs bestow immense pleasure on the listeners. All parts of the songs must be sung.



### The Joy of Success of Soul

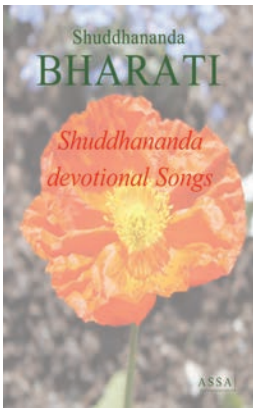
Dr. Shuddhananda Bharati

Collection Editions ASSA

September 2023 – 29.- CHF

ISBN : 978-2-88922-092-2, 187 pages, format 148 x 210 mm

The Life and Teachings of Mahavira, the twenty-fourth and the last Tirthankara of the Jain religion who attained a state of perfection or enlightenment through meditation and self-realization, is told in gripping Poetry, resplendent with divinity which is the hall mark of this Book *The Joy of Success of Soul (Jinanandam)* by Swamiji.



## Shuddhananda devotional Songs

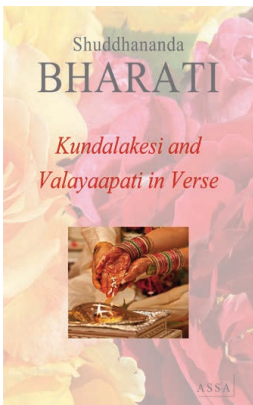
Dr. Shuddhananda Bharati

Collection Editions ASSA

March 2023 – 24.- CHF

ISBN : 978-2-88922-098-4, 117 pages, format 148 x 210 mm

This songs were offered in gratitude to the supreme God for His grace that became a fountain of music inside me! Keerthananjali consisting of one thousand and fifteen songs rose and flowed out of me as a consequence of my fervour. Here you have one hundred and twenty of this thousand and fifteen songs. Look at the lute: where the five musical notes originate in the music emitted by the lute, it is said that the poet's immortal inspiration is to be found there. Behold the flute if the cuckoo too reposes; the heart itself is the source of the poet's fountain.



## Kundalakesi and Valayaapati in Verse

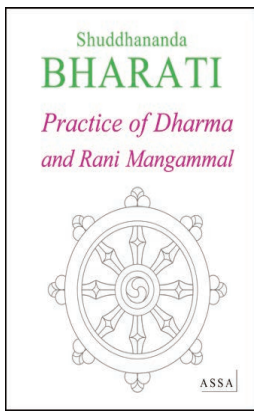
Dr. Shuddhananda Bharati

Collection Editions ASSA

December 2022 – 21.- CHF

ISBN : 978-2-88922-096-0, 83 pages, format 148 x 210 mm

We take great pride in the existence of five epic poems in Tamil. Of these, only three – *Chinthamani*, *Silapadikaram* and *Manimekalai* – have survived the ravages of time. *Valayaapati* and *Kundalakesi* have been lost. We have been able to find only a few verses from them here and there. A hundred verses have been found from *Valayaapati* and only nineteen have been retrieved from *Kundalakesi*.



## Practice of Dharma and Rani Mangammal

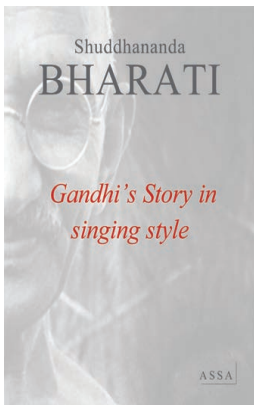
Dr. Shuddhananda Bharati

Collection Editions ASSA

July 2022 – 25.- CHF

ISBN : 978-2-88922-090-8, 123 pages, format 148 x 210 mm

Practice of Dharma, Dharma Sadhanam, it is a guide to life as it should be, and Rani an historical play with the spirit of valour. You who shows Your smiling face in the auspicious morning! You who plays the sweet flute in the perfume-laden breeze! "Love, love" You sing in the garden nightingale's voice! There in the leaping mountain spring You beat the drum of the Vedas "Om Tat Sat Om". Oozing nectar in Your smile on the moon, You make the limitless sea surge and perform a blissful dance!



## Gandhi's Story in singing style

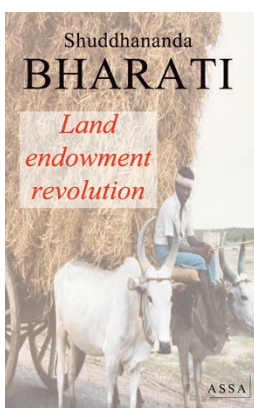
Dr. Shuddhananda Bharati

Collection Editions ASSA

May 2022 – 27.- CHF

ISBN : 978-2-88922-085-4, 144 pages, format 148 x 210 mm

With unstinting energy, these Karma Yogis carried out, with the divine force within them, the work to which they were predestined. Thus, following the work of Tilak, Mahatma Gandhi liberated India from the British, and on 15 August 1947, India's independence was proclaimed in Sri Aurobindo birthday. On 30 January 1948, only six months after independence, Mahatma Gandhi, who tried in vain to ease tensions, was assassinated in his beautiful garden, in Birla House in New Dehli.



## Land endowment revolution

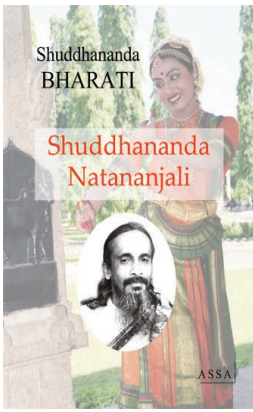
Dr. Shuddhananda Bharati

Collection Editions ASSA

January 2022 – 25.- CHF

ISBN : 978-2-88922-081-6, 121 pages, format 148 x 210 mm

This play is dedicated to our country India that flourishes under the tri-coloured flag. The voices of Nehru and Vinoba are being heard in our country today. Nehruji is giving emphasis to socialism. Socialism stands for equal justice; to till the land according to one's needs and obtain food; to make work and livelihoods common property and enable everyone to lead a happy life. Vinobaji's land endowment movement is a great pillar of support to achieve this end.



## Shuddhananda Natananjali

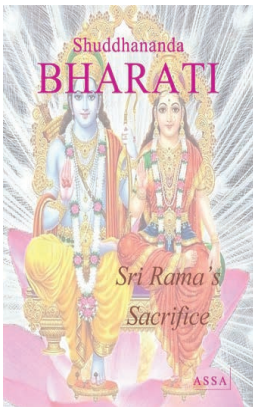
Dr. Shuddhananda Bharati

Collection Editions ASSA

August 2021 – 32.- CHF

ISBN : 978-2-88922-055-7, 221 pages, format 148 x 210 mm

Readers will see that Swamiji says “He himself learnt this great Art of Bharata Natyam!” Which means before getting down writing this Book on Dances, Dr Shuddhananda Bharati himself has arduously learnt Bharata Natyam from a Preceptor! On reading this we bow with reverence to Swamiji in admiration of his dedication and determination and his eagerness and earnestness to give the best to his readers, the real experience, nuance and greatness of Bharata Natyam.



## Sri Rama's Sacrifice

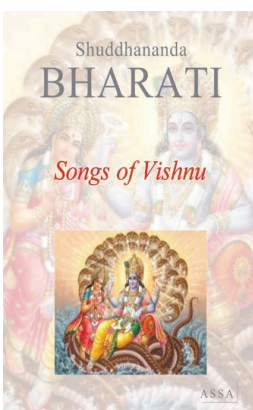
Dr. Shuddhananda Bharati

Collection Editions ASSA

August 2021 – 25.- CHF

ISBN : 978-2-88922-079-3, 131 pages, format 148 x 210 mm

Love is growth; for human beings as well as celestial beings and even for sages who have fully controlled their five senses and renounced everything, a life devoid of love is not possible. In this epic tale *Sri Rama's Sacrifice* we travel with the exile of a character in search of serving great sages, acquiring wisdom and exceptional spiritual power.



## Songs of Vishnu

Dr. Shuddhananda Bharati

Collection Editions ASSA

May 2021 – 25.- CHF

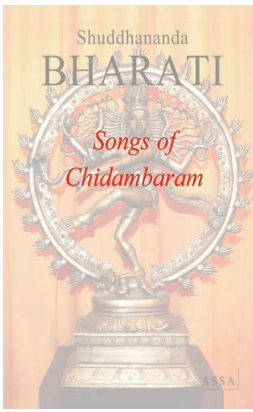
ISBN : 978-2-88922-075-5, 131 pages, format 148 x 210 mm

These songs are prayers for the grace of Vishnu-Narayana. They are filled with devotion reflecting the spirit of the *Gita, Ramayan, Bhagavatam, Bharatam, Alvar saints, Ramanuja* and *Mahadesikar*.

The compositions of Dr. Shuddhananda Bharati, bring love and grace to the places where we may find distress, sorrow and life challengers.

The songs of Vishnu carry divine energy. The pure love they radiate brings lightness to our thoughts, warms our hearts and souls to help us attain the pure divine bliss experiences of conscious yoga.





## Songs of Chidambaram

Dr. Shuddhananda Bharati

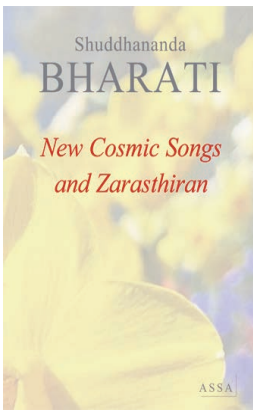
Collection Editions ASSA

May 2021 – 25.- CHF

ISBN : 978-2-88922-060-1, 145 pages, format 148 x 210 mm

Chidambaram (Tillai) is one of the most ancient and most celebrated shrines in India, located in the Cuddalore district in Tamil Nadu. It is of great religious, historic and cultural significance.

The Chidambaram Temple is associated with Lord Nataraja or Shiva in his "Ananda Tandava" pose (the cosmic dance of bliss) in the cosmic Golden Hall as the Hall of Consciousness ('Chit Sa-bha'). This Temple is known for its Akasha Lingam (Sky Lingam) and Lord Shiva is worshipped here as an embodiment of Shiva as formless space.



## New Cosmic Songs and Zarasthiran

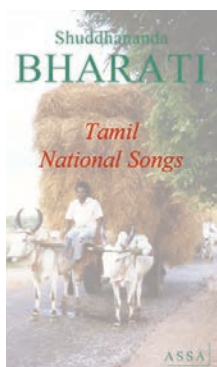
Dr. Shuddhananda Bharati

Collection Editions ASSA

May 2021 – 26.- CHF

ISBN : 978-2-88922-056-4, 136 pages, format 148 x 210 mm

In the first part, New Cosmic Songs becomes imperative to generate love, grace, knowledge, tranquillity and spirituality in the mind; the need of the hour is spiritual socialism that combines a pure mind and an unblemished life. This book celebrates such a life with fervour and invites you to live a new rejuvenated life in a new world and engage in public good. In second part, the whole life of Zarasthiran and his teaching.



## Tamil National Songs

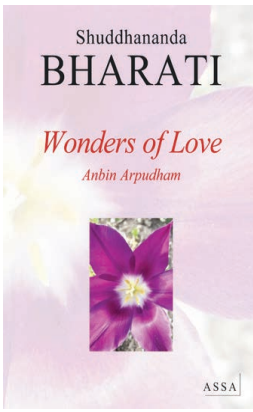
Dr. Shuddhananda Bharati

Collection Editions ASSA

February 2021 – 18.- CHF

ISBN : 978-2-88922-050-2, 89 pages, format 114 x 183 mm

An excellent guide to learn about the history of the writers and singers of Tamil Nadu. Accurate summary of the three Sangam's periods. The reading of this book will bestow new courage and impetus to the new generation of the world. This book was printed for the birthday of Shuddhananda Bharati. He was 81 years old.



## Wonders of Love

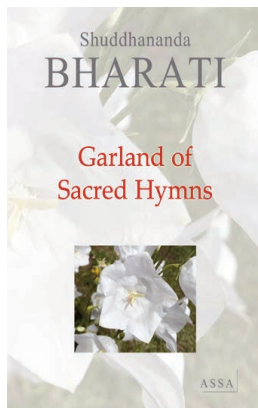
Dr. Shuddhananda Bharati

Collection Editions ASSA

February 2021 – 26.- CHF

ISBN : 978-2-88922-054-0, 161 pages, format 148 x 210 mm

A drama is staged before a live audience and it presents several things such as prose, music, painting, beauty, happiness, love, affection, chastity, ways of the world, ways it should be corrected, the way of life, the purpose of life, way to purify life, religious ethics, socialism, devotion to God and love for living beings in a direct manner.



## Garland of Sacred Hymns

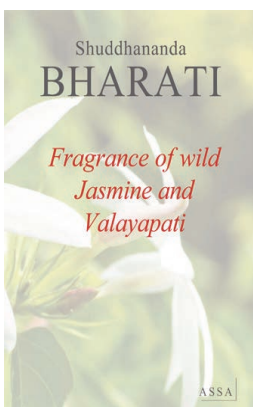
Dr. Shuddhananda Bharati

Collection Editions ASSA

January 2021 – 29.- CHF

ISBN : 978-2-88922-053-3, 193 pages, format 148 x 210 mm

Dr. Shuddhananda Bharati gives an insight of *Aum Shuddha Shakti Aum* and explains in depth through poetry and prose, the mystic, the features of the all – powerful *Aum Shuddha Shakti Aum*. Garlands always have a great appeal to all human beings. It is a mark of respect, adoration and appreciation. If that garland made of sacred Hymns.



## Fragrance of wild Jasmine and Valayapati

Dr. Shuddhananda Bharati

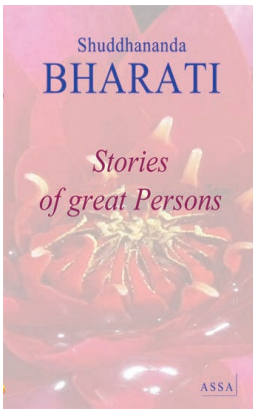
Collection Editions ASSA

January 2021 – 25.- CHF

ISBN : 978-2-88922-046-5, 125 pages, format 148 x 210 mm

Offering flowers of love, we bow our heads in worship to God. This book *Fragrance of wild Jasmine and Valayapati Natakam* will show a tender love story told in the form of a Poem in a Musical Playlet in the first part.

In the part two, *Valayapati Natakam* is also a Musical Playlet, the story of a rich merchant in Tamil Nadu in the business of trading in the precious products grown in Tamil Nadu like Cardamom, Pepper etc. to foreign countries.



## Stories of great Persons

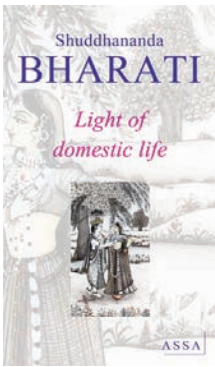
Dr. Shuddhananda Bharati

Collection Editions ASSA

December 2020 – 21.- CHF

ISBN : 978-2-88922-043-4, 103 pages, format 148 x 210 mm

When stories of great persons are narrated by a great person, can we ask for more? Yogi Sri Shuddhananda Bharati is a great Tamil scholar - a sage who follows the pure spiritual path; a Kavi Yogi; an impartial enlightened man; he knows no distinctions of caste and religion. Wherever divine grace, greatness of love, sacrifice, courage, knowledge and ability are found, his heart will also be found there. The lives of great persons in this world are enshrined in the heart of this great person.



## Light of domestic life

Dr. Shuddhananda Bharati

Collection Editions ASSA

August 2019 – 23.- CHF

ISBN : 978-2-88922-038-0, 103 pages, format 114 x 183 mm

Worldly life is the domestic life of man and woman. Domestic good conduct is natural good conduct. Fruits and vegetables, cereals and grains come from domestic life. As the home lives, so does the country; as the home languishes, so does the country. The greatness of a land rebounds to the credit of women. May ethical domestic life flourish in an auspicious manner!



## The Grove of Beautiful Tamil

Dr. Shuddhananda Bharati

Collection Editions ASSA

Auguste 2019 – 23.- CHF

ISBN : 978-2-88922-027-4, 103 pages, format 114 x 183 mm

To make the description interesting and captivating, Swamiji draws a beautiful grove of Tamil before our eyes and takes us on a journey with him into that Grove! As the Author, an erudite scholar himself, Swamiji, takes a stroll in the Grove that he picturises, sees the great ancient works in the Tamil language and brings out the essence in each of the literary works.

Shuddhananda  
**BHARATI**

*Fashion Club*



ASSA

## Fashion Club

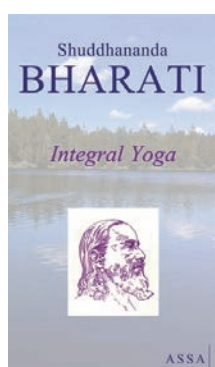
Dr. Shuddhananda Bharati

Collection Editions ASSA

July 2019 – 23.- CHF

ISBN : 978-2-88922-040-3, 127 pages, format 148 x 210 mm

Is fashion a chameleon or a magical pretence? How it evolves! Another form; the following day it faces opposition! How many mutilations are there in clothes! How much work for scissors! How much load for the washer man! How many affected gestures in behaviour! How much make-up on the face! How much torture for the moustache and hairdo!



## Integral Yoga

Dr. Shuddhananda Bharati

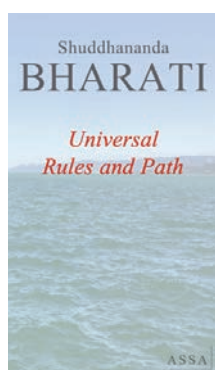
Collection Editions ASSA

May 2019 – 19.- CHF

ISBN : 978-2-88922-036-6, 105 pages, format 114 x 183 mm

*Integral Yoga* gives us a new perspective on all the different yoga traditions. His words melt like honey in the mind, soften the heart and bring music to the soul.

Merging with the Supreme God internally and externally and living in complete bliss as one who has reached the end of this state of ultimate salvation while in this life is integral yoga.



## Universal Rules and Path

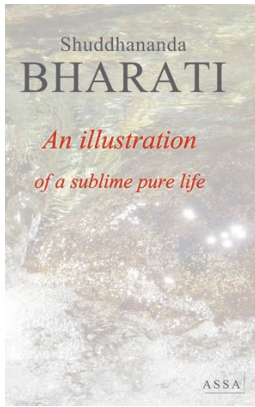
Dr. Shuddhananda Bharati

Collection Editions ASSA

March 2019 – 19.- CHF

ISBN : 978-2-88922-031-1, 85 pages, format 114 x 183 mm

Dr. Shuddhananda Bharati, in this Book, starting from the topics Atma, the Self and Unique Lord is one, has presented concise messages to educate mankind on ways to live and progress in life, with peace, elevated thoughts, love towards all living beings, service to mankind, the best ways of behaviour, the best conduct, physical and mental wellbeing, power of silence, value of work, right food habits, respect for women, love of nature and many more.



## An illustration of a sublime pure life

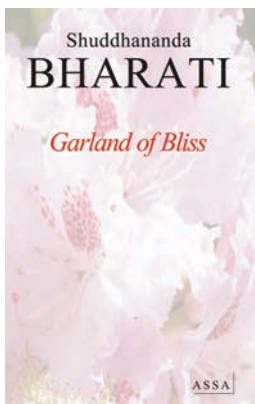
Dr. Shuddhananda Bharati

Collection Editions ASSA

December 2018 – 25.- CHF

ISBN : 978-2-88922-029-8, 157 pages, format 148 x 210 mm

One should use a discriminatory eye to find the right path and reach home. God is present in every heart. May His divine grace guide us! It is due to His grace that we have this physical body and live. Let us dedicate our thoughts, speech and actions only to Him! The body is a temple. Let us keep it clean. This body is the abode of God; let us dwell in it with love for others and love for God. God dances in the heart to the tune of "I, I".



## Garland of Bliss

Dr. Shuddhananda Bharati

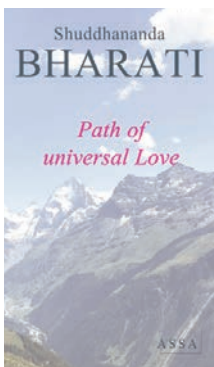
Collection Editions ASSA

December 2018 – 23.- CHF

ISBN : 978-2-88922-028-1, 115 pages, format 148 x 210 mm

All of us desire bliss. We wish to live without worry, peacefully, independently. We desire that the entire World should live united, as one family, without quarrels and revolt, without fights of caste, religious, scientific and lineage. We search through several experiences for that form of knowledge which is very superior to all, and long for.

This *Garland of Bliss* is indeed the experience Book which shows the clear path for all these. Love, peace, unity, harmony, beauty of life, internal knowledge, Worldly knowledge, merging with God – all these are contained in the meaning of Bliss.



## Path of universal Love

Dr. Shuddhananda Bharati

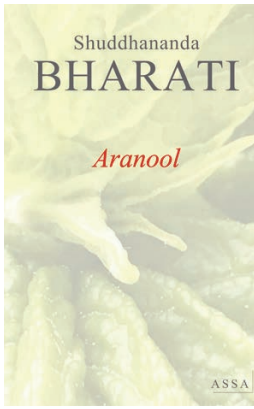
Collection Editions ASSA

August 2018 – 19.- CHF

ISBN : 978-2-88922-026-7, 113 pages, format 114 x 183 mm

Offering flowers of love, we bow our heads in worship to God. This book "Path of universal Love" will show mankind the way to live together in a spirit of Love. It will highlight the way by which the whole world can become a centre of Love.

Swami Shuddhananda Bharati has penned a beautiful description of a wonderful life uplifted with love, ethics and grace. Some discourses made by Swami in the year 1975 are also included in this book.



## Aranool

Dr. Shuddhananda Bharati

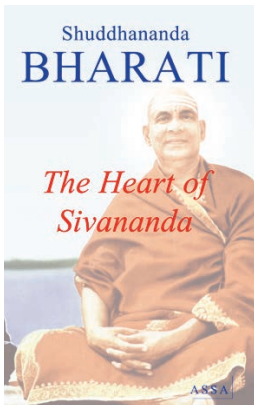
Collection Editions ASSA

May 2018 – 35.- CHF

ISBN : 978-2-88922-013-7, 291 pages, format 148 x 210 mm

This Book is a section of the epic *Bharata Shakti*. This is written as couplet, in the style of Thirukkural. With 15 chapters it shines as an excellent moral book, with five sections for every chapter and five Thirukkural for every Section.

Containing within it the philosophies of the great personalities who have been born in this world and the truths that the Author himself has seen, this Book serves as an excellent literature lighting up the knowledge for all people.



## The Heart of Sivananda

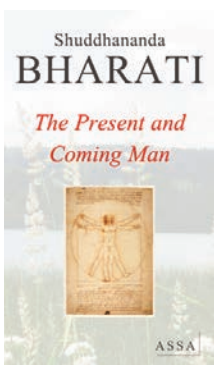
Dr. Shuddhananda Bharati

Collection Editions ASSA

May 2018 – 36.- CHF

ISBN : 978-2-88922-011-3, 340 pages, format 148 x 210 mm

This unrivalled work on the thrilling life of the great Guru, Swami Sivananda, the saint and sage of Rishikesh, has been undertaken by the revered Kaviyogi Maharaj, Mahrishi Suddhananda Bharatiyar as a reverent and loving "Shraddhanjali" offered by him to the sacred memory of Gurudev Sivanandaji who attained Nirvana in the year 1963.



## The Present and Coming Man

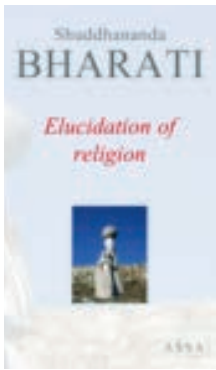
Dr. Shuddhananda Bharati

Collection Editions ASSA

November 2017 – 19.- CHF

ISBN : 978-2-88922-007-6, 127 pages, format 114 x 183 mm

*The Present and the Coming Man* opens readers' eyes to the valuable lessons from the past, which if implemented in the present will steer us towards building a better future, where the world does not ail from the apathy and ignorance prevalent in our times that hinder spiritual harmony. To accept elements from the past is not to reject the present; this book is a primer on how to find balance.



## Elucidation of religion

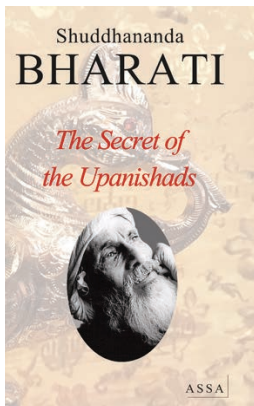
Dr. Shuddhananda Bharati

Collection Editions ASSA

May 2017 – 19.- CHF

ISBN : 978-2-940393-99-2, 89 pages, format 114 x 183 mm

Religion plays an important role in the cultures of our world. Belief in a Superior Force and the behaviours and practices that relate humanity to this Force is what unites mankind, and also what defines its differences. *In Elucidation of Religion*, Kavi Yogi Maharishi Dr. Shuddhananda Bharati informs us of the basic nature of religion and the journey the human soul must follow to achieve true bliss and union with God.



## The Secret of the Upanishads

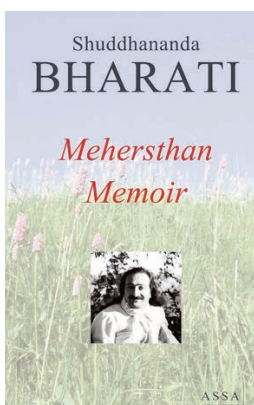
Dr. Shuddhananda Bharati

Collection Editions ASSA

September 2017 – 23.- CHF

ISBN : 978-2-940393-96-1, 119 pages, format 148 x 210 mm

*Upanishad* is the 'Knowledge Mine' of Bharat. All the Religions that arose in our Country are based on *Upanishads*; the propagandists of Advaita, Dvaita, Visishtadvaita all the three, chant the *Upanishads*. In *Upanishad*, the human life, and the secrets of the Soul that shines with divinity, is contained. Filtering all those, Yogi Shuddhananda Bharati describes them in this Book called '*The Secret of Upanishads*'.



## Mehersthan Memoir

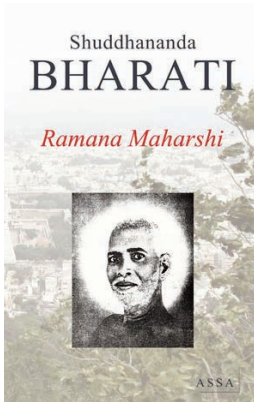
Dr. Shuddhananda Bharati

Collection Editions ASSA

July 2017 – 29.- CHF

ISBN : 978-2-940393-95-4, 185 pages, format 148 x 210 mm

This book is dedicated to the unique One who has assumed a form and name to lead the play of universal existence. He throbs in our loving heart; He breathes in our living soul. He sings in our fervent spirit and he thinks in our purified mind. That infinite Ancient One from his supernal height, bends towards us to embrace us in his love, and to feed our soul with the nectar of his bliss.



## Ramana Maharshi

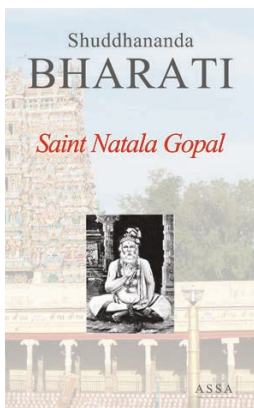
Dr. Shuddhananda Bharati

Collection Editions ASSA

July 2017 – 36.- CHF

ISBN : 978-2-940393-94-7, 365 pages, format 148 x 210 mm

Since Ramana himself showed him the way to enlightenment with his timely *Upadesha*, there can be no one else better qualified than Swami Shuddhananda Bharati to write this biography, with a perfect blend of devotion, reverence and dedication. There is no doubt that his *Sri Ramana Vijayam* will continue spreading Ramana's message to the future generations.



## Saint Natana Gopal

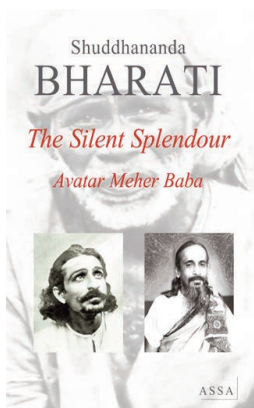
Dr. Shuddhananda Bharati

Collection Editions ASSA

May 2017 – 23.- CHF

ISBN : 978-2-940393-93-0, 121 pages, format 148 x 210 mm

Saint Natana Gopala's life and teachings. Sriman Natanagopala Nayaki Swamigal was born on January 9<sup>th</sup>, 1843 in Madurai, Tamil Nadu. Swamigal attained Mukti and reached the abode of Lord Hari on 8<sup>th</sup> January 1914, Vaikunta Ekadasi day, the month, day of the week and the constellation of which correspond exactly with those of the time of his birth.



## The Silent Splendour

Dr. Shuddhananda Bharati

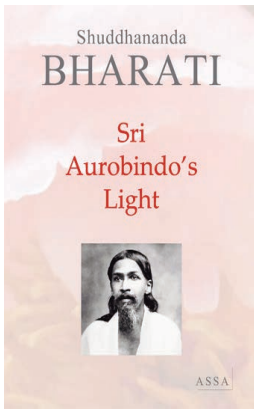
Collection Editions ASSA

March 2017 – 26.- CHF

ISBN : 978-2-940393-92-3, 135 pages, format 148 x 210 mm

East and West must unite. Under the vast canopy of heaven, humanity must live as one spiritual communion of loving souls conscious of One God in the hearts of the beings. Love of God must merge with the love towards humanity. All are pervaded by one Pure Cosmic force. The difference lies in the evolution of self-consciousness.





## Sri Aurobindo's Light

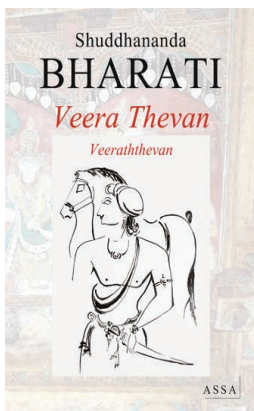
Dr. Shuddhananda Bharati

Collection Editions ASSA

March 2017 – 29.- CHF

ISBN : 978-2-940393-91-6, 203 pages, format 148 x 210 mm

The Light of Sri Aurobindo opens the way to a higher consciousness, the supra-consciousness. In this book, Shuddhananda Bharati reveals his immense Love for Sri Aurobindo, and thus reveals a path that is perceptible over time for all of us. To open one's perception of unity, the unity of consciousness while keeping in oneself and developing one's self, one's own individuality. With gratitude and fullness! Aum!



## Veera Thevan

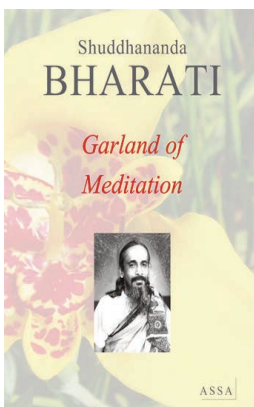
Dr. Shuddhananda Bharati

Collection Editions ASSA

March 2017 – 28.- CHF

ISBN : 978-2-940393-90-9, 181 pages, format 148 x 210 mm

This novel, 'Veeraththevan', one of the several novels of Swami Shuddhananda Bharati, delineates the events related to the freedom struggle of brave Tamils in the Pandiya kingdom in the form of a story. With apt and striking chapter headings, the story is woven in a flowing style, eulogising valour, heroism and the tactical war methodologies of the Pandiya Kingdom in the eighteenth century. Humour is interspersed into the narration in a piquant manner.



## Garland of Meditation

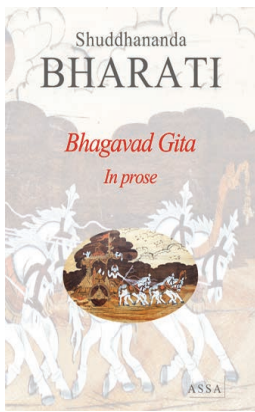
Dr. Shuddhananda Bharati

Collection Editions ASSA

January 2017 – 32.- CHF

ISBN : 978-2-940393-85-5, 229 pages, format 148 x 210 mm

Master! Before You were born, this world, this mountain, and Your parents were there, weren't they? Did You create them? No. Will the process of creation be effected when body of a man and body of a woman are made to contact? The process of propagation in this world takes place only when something that gets induced by some natural force and is present in a woman's body combines with something that is present in a man's body. Think deeply about it. The one which is present in the form of life in the body of a woman and in the body of a man must be a force, mustn't it?



## Bhagavad Gita

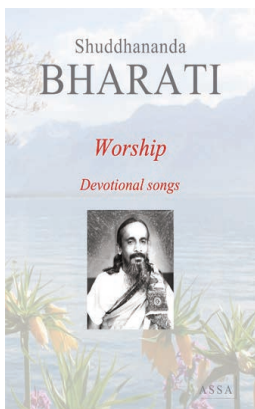
Dr. Shuddhananda Bharati

Collection Editions ASSA

December 2016 – 23.- CHF

ISBN : 978-2-940393-87-9, 120 pages, format 148 x 210 mm

The essence of *Vedas* are *Upanishads*. The *Bagavad Gita* is an essence of *Upanishads*. The *Gita* given by Krishna is the light of the Indian life. This is a common book for all mankind. The common book of India is *Gita*. There is no book which states clearly the path of winning the battle of life and attaining greater happiness.



## Worship, devotional songs

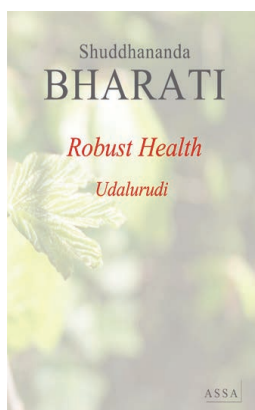
Dr. Shuddhananda Bharati

Collection Editions ASSA

November 2016 – 21.- CHF

ISBN : 978-2-940393-86-2, 97 pages, format 148 x 210 mm

Shuddhananda Bharati is a great self-realised soul, a pure hearted sage who has experienced many religions. He teaches us the way to infuse this life with Shiva's divinity. In the mornings, he performs worship and meditation along with name chanting. In the evening gatherings, he performs Jyoti worship with flowers and gives discourses from his wisdom acquired due to God's grace.



## Robust Health

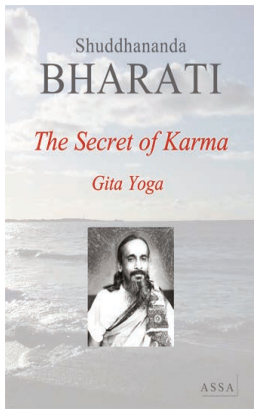
Dr. Shuddhananda Bharati

Collection Editions ASSA

November 2016 – 22.- CHF

ISBN : 978-2-940393-88-6, 153 pages, format 148 x 210 mm

Listen to me, all men and women: this natural body is a small whole world, a palace made of five elements, a mobile temple, Brahma's mantra. It is futile to hate the body. Can one worship God after destroying the temple? Strive to make this shrine of God which is the corner stone of life healthy.



## The Secret of Karma

Dr. Shuddhananda Bharati

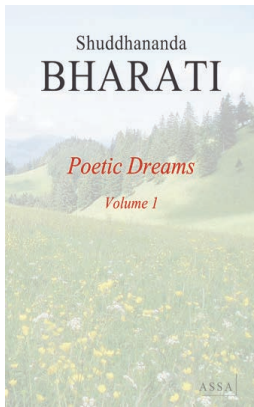
Collection Editions ASSA

October 2016 – 22.- CHF

ISBN : 978-2-940393-84-8, 161 pages, format 148 x 210 mm

The *Gita* is an explanation of the Supreme Soul's Yoga. It explains in detail the three distinct types of yoga, namely karma, devotion and wisdom in the chapters 1-6, 7-12, 13-18.

We should study the *Gita* and its origin to understand its meaning. With this objective in mind, the Kavi Yogi has written and presented *The Secret of Karma* (Gita Yoga).



## Poetic Dreams, Volume 1

Dr. Shuddhananda Bharati

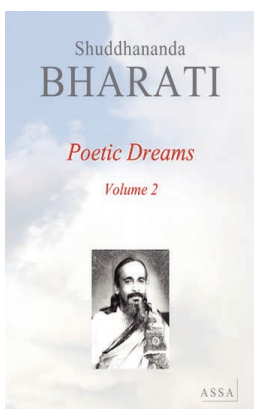
Collection Editions ASSA

May 2016 – 21.- CHF

ISBN : 978-2-940393-82-4, 103 pages, format 148 x 210 mm

I have come as a bird,  
To be happy with you,  
With wings of overwhelming mind,  
I came through the sky.

Enthusiastic poems that enhances knowledge, wisdom, divine grace and sensation. As one sings these poems, may get new visions.



## Poetic Dreams, Volume 2

Dr. Shuddhananda Bharati

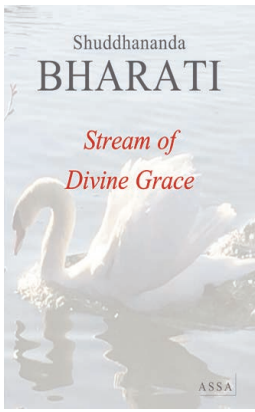
Collection Editions ASSA

July 2016 – 21.- CHF

ISBN : 978-2-940393-83-1, 117 pages, format 148 x 210 mm

Beauty in the world,  
Prattles the sight of eye,  
When opening the cover,  
The scene is divine!

Enthusiastic poems that enhances knowledge, wisdom, divine grace and sensation. As one sings these poems, may get new visions.



## Stream of Divine Grace

Dr. Shuddhananda Bharati

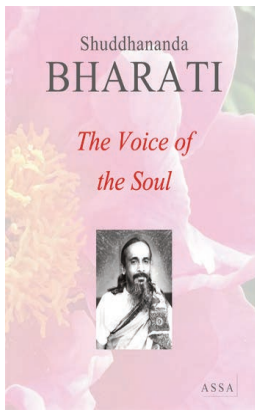
Collection Editions ASSA

March 2016 – 34.- CHF

ISBN : 978-2-940393-81-7, 275 pages, format 148 x 210 mm

Here we have the opportunity to discover the writings of sage Shuddhananda Bharati and some fruits of his life in poetic form. Included are reflections and everyday words that resonate and vibrate within us. Also keys for learning to know, learning to listen and feel the voice of our soul.

The clarity, peace and inner serenity found in this Divine Self, help us to get through all the twists and turns of life. Shuddhananda Bharati expresses all his experiences and how he found his strength in 673 songs of Sama Yoga Sadhana for Divine Grace.



## The Voice of the Soul

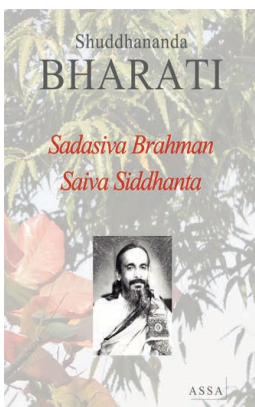
Dr. Shuddhananda Bharati

Collection Editions ASSA

February 2016 – 32.- CHF

ISBN : 978-2-940393-80-0, 239 pages, format 148 x 210 mm

All the 324 songs contained in this book give voice to my experience of life. I, who lived my life depending solely on the almighty Supreme Soul for support, encountered many obstacles and ordeals in my life. On the stage of this world, I have never known the joys of romantic love. I sought only the joy of knowing and uniting with God. He, who remained the beloved thief who had robbed my heart, subjected me to terrible worldly hardships.



## Sadasiva Brahman and Saiva Siddhanta

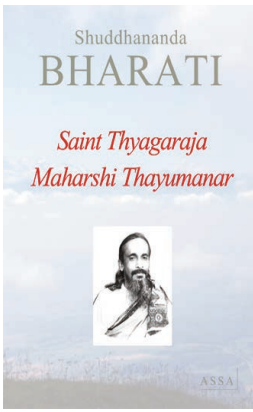
Dr. Shuddhananda Bharati

Collection Editions ASSA

January 2016 – 23.- CHF

ISBN : 978-2-940393-78-7, 123 pages, format 148 x 210 mm

In part one, the saint that created a beautiful presence was Sadasiva Brahman. Sadasiva was a perfect yogi of self-knowledge, perfectly free and pure and elevated in blissful trance. He lived in the Vedantic Truth. In part two, Saiva Siddhanta; knowledge about the twelve sutras of the Sivajnana Bodham. Let the pure almighty Grace lead us from light, love to love and bliss to bliss. Let Siva grant victory to our efforts. An introduction to Saiva Siddhanta by Kavi Yogi Shuddhananda Bharati. Collected lectures on Saiva Siddhanta, 1946 - 1954.



## Saint Thyagaraja and Maharshi Thayumanar

Dr. Shuddhananda Bharati

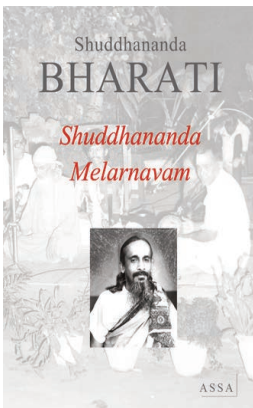
Collection Editions ASSA

December 2015 – 26.- CHF

ISBN : 978-2-940393-77-0, 164 pages, format 148 x 210 mm

In part one, Saint Thyagaraja is the triumph of Indian art and music. India is celebrating the bicentenary of the seer-poet. This book commemorates his bicentenary. We have delight in publishing this book by a modern seer-poet to honour the occasion. Seer-poets live in tune with the Divine and their art is an efflorescence of the inner beauty.

In part two, the soul-thrilling hymns of Maharshi Thayumanar are sung in every Tamil home. They are sublime Upanishads. They inspired the author of this book, Yogi Shuddhananda Bharati, in his boyhood. The Yogi dedicates this humble flower of love to the Jnani Thayumanar.



## Shuddhananda Melarnavam

Dr. Shuddhananda Bharati

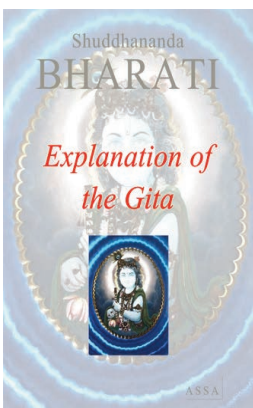
Collection Editions ASSA

October 2015 – 26.- CHF

ISBN : 978-2-940393-73-2, 135 pages, format 148 x 210 mm

The light of affection to Shuddha Shakti! I am always delighted by your blessing! With devotion, to have success, the Melarnava mala in the world gives us the thala raga attraction.

These 72 Melagartams are sung by great Pandit Dr. Mangalampalli Balamurali Krishna, a great Indian Carnatic vocalist, multi-instrumentalist, playback singer, composer and actor. He was awarded the Padma Vibhushan, India's second-highest civilian honour, for his contribution towards Indian art. He was made Chevalier of the Ordre des Arts et des Lettres by the French Government in 2005. We can find these beautiful 72 Melagartams on five CDs by Editions ASSA in L'Auberson.



## Explanation of the Gita

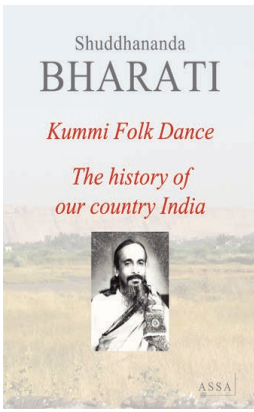
Dr. Shuddhananda Bharati

Collection Editions ASSA

September 2015 – 29.- CHF

ISBN : 978-2-940393-75-6, 194 pages, format 148 x 210 mm

The language of the Gita sometimes admits two apparently opposite truths and turns to reconcile them. It admits the ideal of departure from Samsara into the Brahman as one possibility; also it offers the possibility of living free in the Divine (in me, it says) and acting in the world as the Jivan Mukta. It is the latter kind of solution on which it lays the greatest emphasis. Message of Sri Aurobindo.



## Kummi Folk Dance

Dr. Shuddhananda Bharati

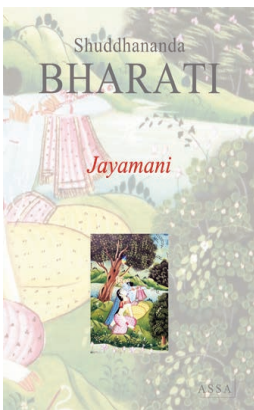
Collection Editions ASSA

June 2015 – 26.- CHF

ISBN : 978-2-940393-74-9, 160 pages, format 148 x 210 mm

Everyone should know the history of the motherland. The history of our country is very elaborate. Students and public should know in two hours, the history of our country from the continent of Kumari to the Gandhi era.

V.V.S. Iyer requested that our history should be cogently sung and presented in a folk song tune. Kavi Yogi Shuddhananda Bharati sang this folk song one night in 1922.



## Jayamani

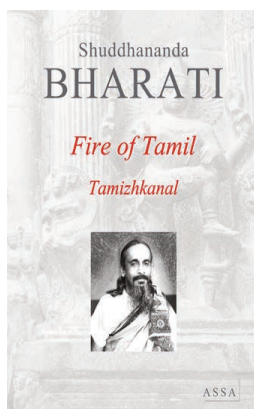
Dr. Shuddhananda Bharati

Collection Editions ASSA

June 2015 – 24.- CHF

ISBN : 978-2-940393-76-3, 146 pages, format 148 x 210 mm

We dedicate this rare drama entitled Jayamani to Goddess Saraswati and bow our heads in worship. This play explains the highs and lows of the two natures, i.e. manliness and womanliness, the happy and sorrowful facets of the world and the practices to attain the pure, spiritual path. The female protagonist is named Jayalakshmi and the male protagonist is Mani; the two show the way to the world by their spiritually enriched life. This drama provides a pleasing feast to the eyes, ears, mind and life.



## Fire of Tamil, Tamizhkanal

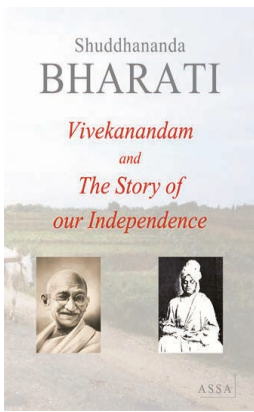
Dr. Shuddhananda Bharati

Collection Editions ASSA

May 2015 – 22.- CHF

ISBN : 978-2-940393-71-8, 119 pages, format 148 x 210 mm

Tamil is an ancient language of India; Tamilians are the world's most ancient people; Tamilnadu had flourished even before Lemurian continent's period. Tamilnadu should be in the forefront of the world, in all sectors, such as Art, Education, Industry, Trade, Religion and Yoga. It has the capacity. We have to put in effort; we have resources, we have to put in our efforts. In what condition is Tamilnadu in the world today, which was once famous for six thousand years? What fame, what kind of activities? How good was it? If we search it, we will find the Tamil spirit brimming. I wish that spirit to become the fire of energy, to be converted into action, and to this cause I wrote these songs. Let Fire of Tamil create a spirit of Tamil in every Tamil heart!



## Vivekanandam and The Story of our Independence

Dr. Shuddhananda Bharati

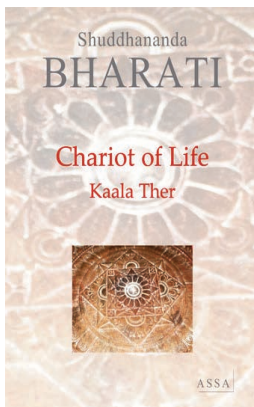
Collection Editions ASSA

May 2015 – 26.- CHF

ISBN : 978-2-940393-70-1, 137 pages, format 148 x 210 mm

Vivekananda is the flame of the wisdom of India; he explained the inner power of our land to the world by his bold speeches on philosophy in England as well as in America in his 30th year. His elevating thoughts, the sparkle of his vigorous speeches, his words of wisdom and the true greatness of his renunciation are included in this book.

The Story of our Independence, the struggle for freedom, which started in 1847, ended in 1947. It was in the year 1847 that Nana Sahib and Ali Mullah Khan joined together in Brahmavartha (now the name of the city is Bithoor in Uttar Pradesh in India) and vowed to work for Indian independence and started to amass war weapons and an army.



## Chariot of Life

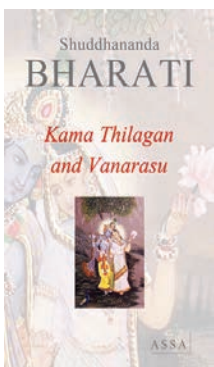
Dr. Shuddhananda Bharati

Collection Editions ASSA

April 2015 – 29.- CHF

ISBN : 978-2-940393-69-5, 207 pages, format 148 x 210 mm

Every character in this play stands for a philosophical tenet in life. Life is a jungle of joys and sorrows. The eternal battle of the good and the evil takes place there. Few are the effulgent heroes among the entrants of this battle who return back victorious. Many are lost in the battlefield wrought by worries and anguishes. The wise men witness the mutually exclusive duel forces and remain equipoised. There are various attributes of men, namely the animal instinct, the human instinct and the divine instinct.



## Kama Thilagan and Vanarasu

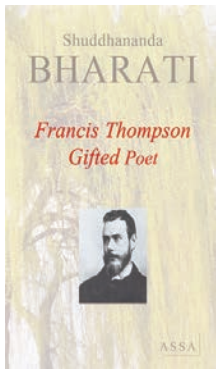
Dr. Shuddhananda Bharati

Collection Editions ASSA

January 2015 – 19.- CHF

ISBN : 978-2-940393-68-8, 137 pages, format 114 x 183 mm

*Kama Thilagan* and *Vanarasu* are operas on entirely two different themes, *Kama Thilagan* dealing with the passionate love of the heroic lover Jeevagan who marries the heroine Suramanjari in blissful happiness, whereas the book on *Vanarasu* deals sardonically with the dictatorial attitude of the superpowers after World War II, to subjugate the other nations.



## Francis Thompson

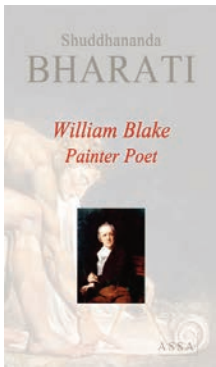
Dr. Shuddhananda Bharati

Collection Editions ASSA

February 2015 – 19.- CHF

ISBN : 978-2-940393-67-1, 97 pages, format 114 x 183 mm

Gifted poet Francis Thompson is one among the geniuses of the world. His life was spent on the streets, sit-outs, in the cold and sun. His words flew in the sky of wisdom. Just like the Siddhas in India, he has made the truths felt by his spirit into poems. They were not of effort, but the flowers of poetry blossomed in his words.



## William Blake

Dr. Shuddhananda Bharati

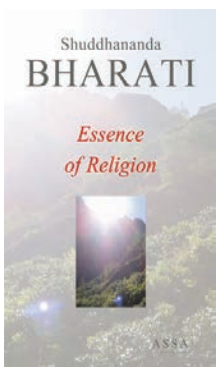
Collection Editions ASSA

December 2014 – 19.- CHF

ISBN : 978-2-940393-66-4, 104 pages, format 114 x 183 mm

William Blake was a mystic artist, who lived in an imaginary dream-land. The dream of art was his life and breath. People of his time called him crazy. Only later did the world know him as an artist genius, one who lived for art, and celebrated him. Today's world celebrates his epic poems and paintings. There is much new English research on these.

This mystic artist's life and words will continue to live in our literature. Kavi Yogi Dr. Shuddhananda Bharati in this book describes the history, poems and art of William Blake. This book clearly describes the life of a true artist. Let this artistic book of the divine karpaga tree flourish in the grove of renaissance!



## Essence of Religion

Dr. Shuddhananda Bharati

Collection Editions ASSA

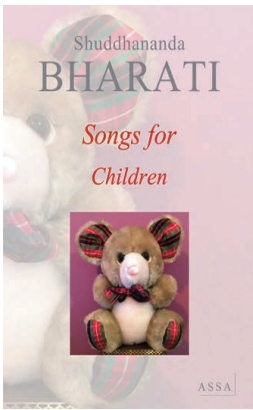
December 2014 – 19.- CHF

ISBN : 978-2-940393-65-7, 127 pages, format 114 x 183 mm

Essence of Religion (Samaya Saaram) presents the clarity of the religions, philosophies, rules of the religions prevalent all over the world in the form of sweet, simple, Tamil songs. People who read and understand this book will learn about many religions, will see the basic truth of everything; they will realise that all people can live as one family, devoid of difference in castes, religions.

We can see in this great book, the secrets of the *Vedas* and the *Upanishads*, the philosophy of Saiva doctrines, the essence of Jainism, Buddhism, Christianity, Islam, Sikhism and all.





## Songs for Children

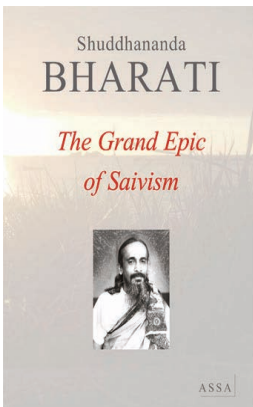
Dr. Shuddhananda Bharati

Collection Editions ASSA

November 2014 – 21.- CHF

ISBN : 978-2-940393-64-0, 100 pages, format 148 x 210 mm

*Songs for Children* is a tribute to the children, it is the embodied force of the future, the ones to whom the torch of life we pass on earth. Dr. Shuddhananda Bharati wrote this book for them, to welcome them in this world and to help them realize how important they are, with full of love and tenderness.



## The Grand Epic of Saivism, Periya Puranam

Dr. Shuddhananda Bharati

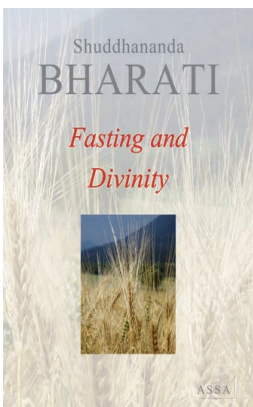
Collection Editions ASSA

March 2015 – 35.- CHF

ISBN : 978-2-940393-63-3, 257 pages, format 148 x 210 mm

*The Grand Epic of Saivism* is the rendering in English of the great work, popularly known as *Periya Puranam*. The name Peria Puranam, which was a hallowed name has lost, in the modern Tamil, its real meaning and it may suggest to the ordinary reader that it is a myth. But it is really an authentic record of the lives of sixty-three noble souls, of different ranks. Their common aim was to serve God and Godmen.

A study of the epic will reveal the thrilling sacrifice and devotion of these Godmen. Sacrifice or socialism about which there is too much of talk today had reached its zenith during the periods which the epic depicts. God never let down his devotees whenever they were in distress.



## Fasting and Divinity

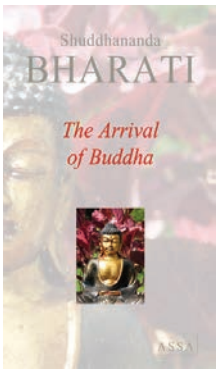
Dr. Shuddhananda Bharati

Collection Editions ASSA

November 2014 – 21.- CHF

ISBN : 978-2-940393-62-6, 104 pages, format 148 x 210 mm

Dr. Shuddhananda Bharati really deserves his title of Maharishi, great visionary seer. So many years have passed since this book was written but it is still current today. Take care of yourself, your body, physical and mental, what is the way to get there, how to be aware? There are a few keys in this beautiful play, happy discoveries. The masterly artistic drama written by Sri Aurobindo indicates the quality of the work.



## The Arrival of Buddha

Dr. Shuddhananda Bharati

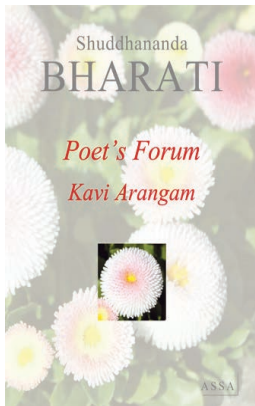
Collection Editions ASSA

September 2014 – 19.- CHF

ISBN : 978-2-940393-61-9, 101 pages, format 114 x 183 mm

A treasure never loses value, but improves with age!

The Arrival of Buddha is one of those treasures, a rare gem offered by the wise Shuddhananda Bharati. The gentleness and compassion of the Buddha takes us through the book! The Golden teachings of Lord Buddha, Light of the world. The sacred life of Lord Buddha has an unsatiating sweetness.



## Poet's Forum, Kavi Arangam

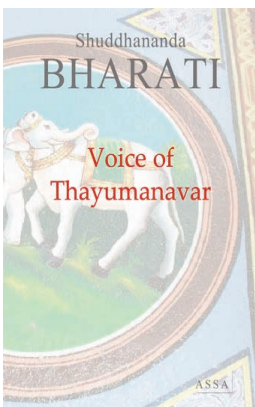
Dr. Shuddhananda Bharati

Collection Editions ASSA

September 2014 – 26.- CHF

ISBN : 978-2-940393-60-2, 144 pages, format 148 x 210 mm

Kavi Yogi has experienced God in nature and merged with him in ecstasy. The Poet's Forum is the artistic renderings of his sweet experiences. Kavi Yogi explains to us about poetry's birth, blossoming, grace, temptations, growth, ripening, its value to human life and its benefits to the world, with unique artistry.



## Voice of Thayumanavar

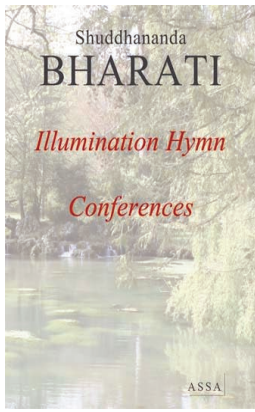
Dr. Shuddhananda Bharati

Collection Editions ASSA

September 2014 – 29.- CHF

ISBN : 978-2-940393-59-6, 205 pages, format 148 x 210 mm

The world was my open book and inner quest my deep study. Who am I in the vastness of cosmic phenomenon? The mystery car of Time takes me round changeable seasons; destiny leads the play of life, blindfolding me in self-oblivion.



## Illumination Hymn, Conferences

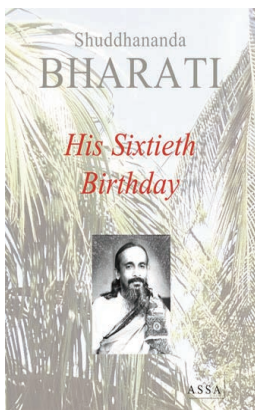
Dr. Shuddhananda Bharati

Collection Editions ASSA

June 2014 – 23.- CHF

ISBN : 978-2-940393-57-2, 133 pages, format 148 x 210 mm

The flame shining vibrations movement is the one person, the irremovable one, I am in all. The flame shining vibrations movement is the only one form enveloping and carrying human bodies and worlds in its illumination light. The flame shining vibrations movement is the only sound Aum.



## His Sixtieth Birthday

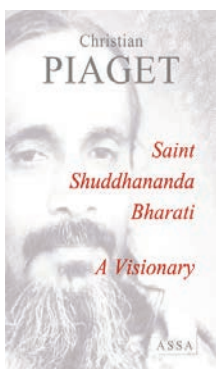
Dr. Shuddhananda Bharati

Collection Editions ASSA

May 2014 – 23.- CHF

ISBN : 978-2-940393-56-5, 131 pages, format 148 x 210 mm

On the occasion of his 60th birthday (11.05.1957), I send my greetings and best wishes to Sri Shuddhananda Bharati, a litterateur, spiritualist and reformer. Such occasions provide an opportunity to the common people to draw inspiration from the life and achievements of one who has been able to devote himself to the service of mankind in any sphere of human activity. Sri Shuddhananda Bharati is, I am assured, such a person. Rajendra Prasad.



## Saint Shuddhananda Bharati A Visionary

Christian Piaget

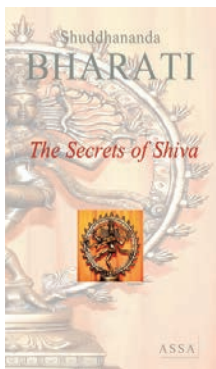
Collection Editions ASSA

November 2013 – 19.- CHF

ISBN : 978-2-940393-54-1, 143 pages, size 114 x 183 mm

Kavi Yogi Maharshi Shuddhananda Bharati was a scholar, linguist, scientist, seer poet, saint and the sage of the Cosmic Age. He was ever agile and active, writing, singing and doing good. He was a universalist, who was not bound to caste, religion, colour and race or geographic bounds.

Dr. Shuddhananda Bharati is the author of creative and literary works with diverse writing styles: epic and lyric writings, melodramas, operas, comedies, pastoral theologies, novels, short stories, biographies, notes on famous works, essays. *Bharata Shakti Kavi Malayam* is his magnum opus.



## The Secrets of Shiva

Dr. Shuddhananda Bharati

Collection Editions ASSA

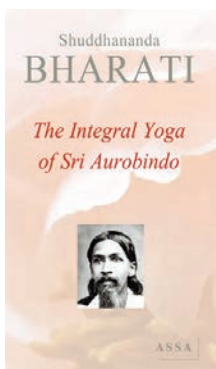
October 2013 – 19.- CHF

ISBN : 978-2-940393-55-8, 119 pages, size 114 x 183 mm

Aum Shivaya Nama, salutation to Shiva !

Lord Shiva has the gift and power to unite us to his spiritual strength, cleanse our past, to teach us and guide us in our evolution and personal development. Shiva, the Father, the teacher of our consciousness towards the path of God.

Second part a work about Muthuswami Dikshitar and Rishi Dayananda.



## The Integral Yoga of Sri Aurobindo

Dr. Shuddhananda Bharati

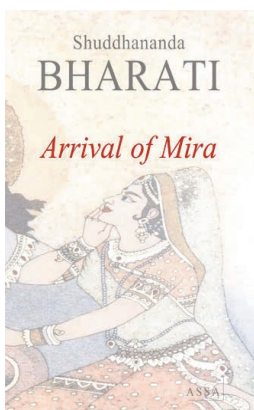
Collection Editions ASSA

August 2013 – 19.- CHF

ISBN : 978-2-940393-51-0, 113 pages, size 114 x 183 mm

“The new movement is essentially a spiritual movement. Its key-note is the essential unity of God and Man. The divinity of man is its highest gospel. To evolve God out of man is its highest aim. It seeks to bring the Kingdom of Heaven on earth.”

The book Integral Yoga of Sri Aurobindo considers Matter as an involution of the Spirit and the Spirit as evolved Matter. Matter changes. Spirit is eternal.



## Arrival of Mira, Love story between Bhojan and Mira

Dr. Shuddhananda Bharati

Collection Editions ASSA

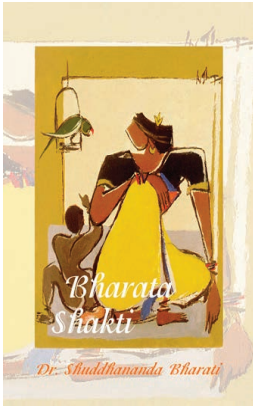
March 2013 – 23.- CHF

ISBN : 978-2-940393-50-3, 133 pages, size 148 x 210 mm

ISBN : 978-2-88922-006-9, e-book format pdf A4, 86 pages, 18.- CHF

*Arrival of Mira* tells the story of a beautiful young woman who held true to her faith despite many severe hardships. Mira was still only a child when she decided that Ginidhara Gopal (Lord Krishna) was her 'husband' and that she wanted to devote her life to serving and worshipping him. Later, the now orphaned Mira was married to Bhojan, the prince of Mewar and son of Rana, the king of Chittoor.

Bhojan fell in love at first sight but found it hard to understand Mira's utter devotion to Ginidhara. Mira suffered at the hands of her in-laws who could not understand the depth of her love for Ginidhara and wanted her to follow their worship of Kali (in the form of Durga).



## Bharata Shakti, Canto one, Emanation of the Pure One

Dr. Shuddhananda Bharati

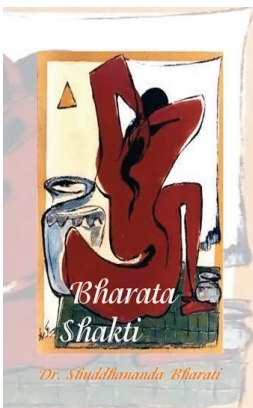
Collection Editions ASSA

November 2012 – 34.- CHF

ISBN : 978-2-940393-40-4, 285 pages, size 148 x 210 mm

The rishis and yogins of Bharat have developed a dynamic energy by hard spiritual disciplines. This energy of Yogic force is called 'Bharata Shakti'. *Bharata Shakti* is the fountain of peace, bliss, light, love and cosmic energy.

*Emanation of the Pure One* is the first of five volumes of *Bharata Shakti*. The Universal Divine dissolves the earth by a deluge. Infinite void prevails. The pure force of the Divine wakes up, plays Aum and vibrates the atmosphere. Creative and protective forces spring up. The elements are born and they combine into many forms. The new phenomenal world emanates.



## Bharata Shakti, Canto two, Gowri Kandam

Dr. Shuddhananda Bharati

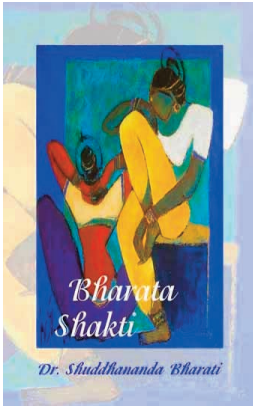
Collection Editions ASSA

December 2012 – 48.- CHF

ISBN : 978-2-940393-41-1, 430 pages, size 148 x 210 mm

The rishis and yogins of Bharat have developed a dynamic energy by hard spiritual disciplines. This energy of Yogic force is called 'Bharata Shakti'. *Bharata Shakti* is the fountain of peace, bliss, light, love and cosmic energy.

*Gowri Kandam* is the second of five volumes of *Bharata Shakti*. Shuddha restored peace and harmony in the state. He taught military science to all and kept the army vigilant. He inspired the soldiers by giving them performances on the life and adventures of heroes like Rana Pratap Singh. Gowri organised a women's force for the army services. Shuddha's victory, coronation, his power and popularity kindled the jealousy of Kali into a hell-fire.



## Bharata Shakti, Canto three, Sadhana Kandanam

Dr. Shuddhananda Bharati

Collection Editions ASSA

March 2013 – 51.- CHF

ISBN : 978-2-940393-42-8, 471 pages, size 148 x 210 mm

The rishis and yogins of Bharat have developed a dynamic energy by hard spiritual disciplines. This energy of Yogic force is called 'Bharata Shakti'. *Bharata Shakti* is the fountain of peace, bliss, light, love and cosmic energy.

*Sadhana Kandanam* is the third of five volumes of *Bharata Shakti*. Now we return to Siddhinagar. Shuddha's mind was agitated by conflicting thoughts. He disliked ease, luxury and the burden of royalty. He yearned for an atmosphere of calm serenity, to develop his spiritual power by which he wanted to transform the asuric forces. He sought a way to solve the riddle of life tortured by mental pricks and vitals thorns.



## Bharata Shakti, Canto four, Satyan at Danavam

Dr. Shuddhananda Bharati

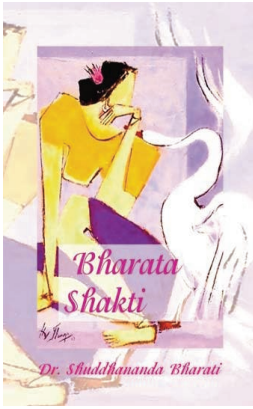
Collection Editions ASSA

May 2013 – 36.- CHF

ISBN : 978-2-940393-43-5, 371 pages, size 148 x 210 mm

The rishis and yogins of Bharat have developed a dynamic energy by hard spiritual disciplines. This energy of Yogic force is called 'Bharata Shakti'. *Bharata Shakti* is the fountain of peace, bliss, light, love and cosmic energy.

*Satyan at Danavam* is the fourth of five volumes of *Bharata Shakti*. Bhoga tells Satyan, how the Danavas rose to power. Danavam is the lower vital egoistic world. Danavas, born to the ancient Bhoga and the titaness Maya, are hostile forces that thwart the divine advent. They multiply by promiscuous intercourse, like germs of an epidemic, only to dominate and vitiate humanity. Mavali and Analan are the present Danava kings, titans of indomitable strength and inordinate egoism.



## Bharata Shakti, Canto five, Victory of Shuddha Shakti

Dr. Shuddhananda Bharati

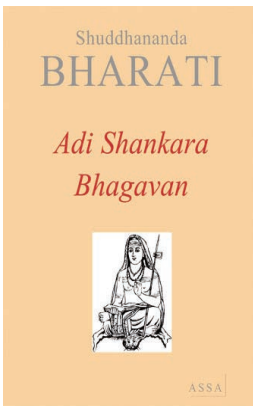
Collection Editions ASSA

July 2013 – 34.- CHF

ISBN : 978-2-940393-44-2, 313 pages, size 148 x 210 mm

The rishis and yogins of Bharat have developed a dynamic energy by hard spiritual disciplines. This energy of Yogic force is called 'Bharata Shakti'. *Bharata Shakti* is the fountain of peace, bliss, light, love and cosmic energy.

*Victory of Shuddha Shakti* is the fifth of five volumes of *Bharata Shakti*. The victorious Shuddha returns to Siddhinagar and proclaims on the Universal Radio his Gospel of Perfect Life in tune with the Self and his future plans to create one world and one humanity under one heaven. The Danavas declare Sundari as their queen and Sundari dedicates Danavam as a military centre of Bharat. Analan accepts Shuddha. One world is realised by the yogi, in whom the *Bharata Shakti* is incarnate.



## Adi Shankara Bhagavan

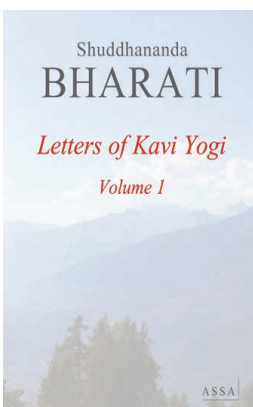
Dr. Shuddhananda Bharati

Collection Editions ASSA

May 2012 – 29.- CHF

ISBN : 978-2-940393-34-3, 193 pages, size 148 x 210 mm

The religion of Bharat is Vedanta. The preceptor of Vedanta was Adi Sankara, whose fame had spread all around the world. The yoeman service that he had done to the field of education within a short span of thirty-two years is remarkable. His work is eternal. Sankara's words are accepted by the entire world. Sankara's entire life can be termed as sacrifice for the cause of knowledge.



## Letters of Kavi Yogi, Volume 1

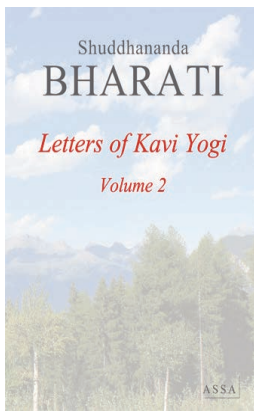
Dr. Shuddhananda Bharati

Collection Editions ASSA

March 2012 – 29.- CHF

ISBN : 978-2-940393-31-2, 191 pages, size 148 x 210 mm

*Letters of Kaviyogi* is a book which is an inspiration to any reader. This giant of a man was the author of the epic *Bharata Shakti* but remained a humble seeker after truth and God's grace. During his lifetime, Kaviyogi wrote many letters to his family, fellow poets, fighters for Indian independence and other great thinkers he met during his travels. In these letters he sets out his philosophy and beliefs, describing the struggles he had to overcome in order to live according to his principles.



## Letters of Kavi Yogi, Volume 2

Dr. Shuddhananda Bharati

Collection Editions ASSA

May 2012 – 26.- CHF

ISBN : 978-2-940393-32-9, 174 pages, size 148 x 210 mm

*Letters of Kaviyogi* is a book which is an inspiration to any reader. This giant of a man was the author of the epic *Bharata Shakti* but remained a humble seeker after truth and God's grace. During his lifetime, Kaviyogi wrote many letters to his family, fellow poets, fighters for Indian independence and other great thinkers he met during his travels. In these letters he sets out his philosophy and beliefs, describing the struggles he had to overcome in order to live according to his principles.

## Art Temple

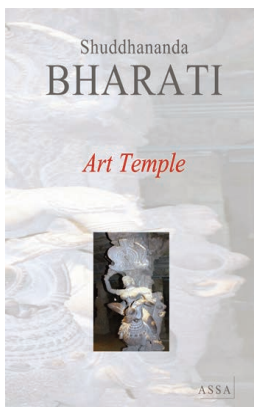
Dr. Shuddhananda Bharati

Collection Editions ASSA

November 2011 – 35.- CHF

ISBN : 978-2-940393-30-5, 296 pages, size 148 x 210 mm

*Art Temple* is a rare book which acts as an inspiration to us all. It tells the story of Tamilmani (Ramanathan) and his struggles to establish an Art Temple dedicated to the Tamil language and to Lord Shiva. Ramanathan's mother, the pious and chaste Visalakshi was inspired by the teachings of Swami Vivekanada. She and her husband, Sivanesam, educated their son so that he developed his talents fully. Art Temple describes the struggles of Tamilmani as he sought funds and recruited supporters to fulfil Visalakshi's dying ambition to establish an Art Temple. Vivekanada's vision was of a community of like-minded people working together to support themselves while focusing on a temple which celebrated Tamil art and culture.



## The Delightful Tamil Garden

Dr. Shuddhananda Bharati

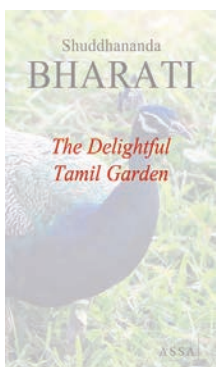
Collection Editions ASSA

August 2011 – 19.- CHF

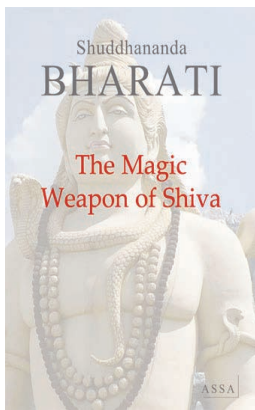
ISBN : 978-2-940393-28-2, 120 pages, size 114 x 183 mm

ISBN : 978-2-88922-076-2, e-book format pdf A4, 46 pages, 16.- CHF

*The Delightful Tamil Garden* is a rare book of prose; I was ecstatic on reading it. The great talent of the author, Yogi Shuddhananda Bharathi is admirable! As his great qualities are well-known to the world, it will only be an exaggeration if I say that this book written by him is wonderful in many ways. It is praiseworthy that, as the title implies, he has written the book, creating a relationship between trees, plants, creepers, flowers, and unripe fruits and the names of the Tamil books.







## The Magic Weapon of Shiva

Dr. Shuddhananda Bharati

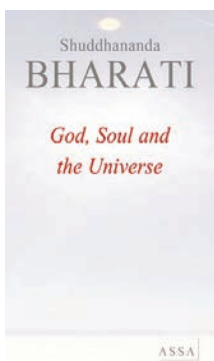
Collection Editions ASSA

August 2011 – 24.- CHF

ISBN : 978-2-940393-29-9, 145 pages, size 148 x 210 mm

This Tamil drama, *The Magic Weapon of Shiva*, while having as its central theme the penance of Arjuna, also explores the philosophies of Saiva and Vaishnava groups. Divinity, devilry, the greatness of sages, the discipline of mankind, the expertise of warriors, kindness of God Krishna, the path for meditation and penance, detachment, the glories of prayer of Shiva, the mercy of God and the virtues of Nama Shivaya "The Panchakshari" - all these subjects are explained in this drama.

Tamil Land has great sacred virtues. Here the first prayer goes to the sages; they were the ones who guided us by disciplining the social life, with wise books, arts and good conduct.



## God, Soul and the Universe of Saint Meikandar

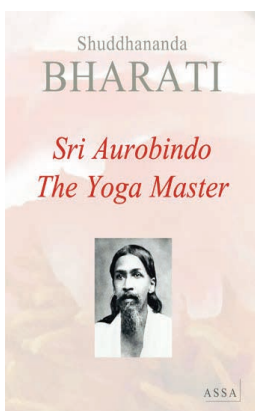
Dr. Shuddhananda Bharati

Collection Editions ASSA

March 2011 – 19.- CHF

ISBN : 978-2-940393-27-5, 103 pages, size 114 x 183 mm

Here is an original synthetic treatise upon the *Twelve Aphorisms* revealed to a perfect Saint Meikandar. The Tamil word 'Meikandar' means 'Sathya Dharshi' or the 'Truth Seer' who, being a perfect Yogi and a divine Jnani, speaks from within the highest and the purest truth about the three eternal entities - God, Soul and the Universe. This book guides the seekers and thinkers of the Eternal Truth, who strive to master the quintessence of the *Agama Siddhanta* and *Tantra* works of our ancient sages. Critically viewed, metaphysics deserves a very subtle interpretative medium of expression.



## The Yoga Master

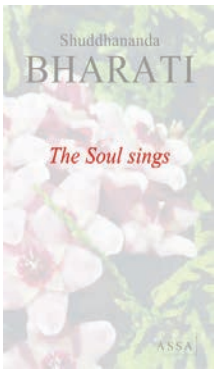
Dr. Shuddhananda Bharati

Collection Editions ASSA

January 2011 – 29.- CHF

ISBN : 978-2-940393-23-7, 189 pages, size 148 x 210 mm

To pass from the external to a direct and intimate inner consciousness, to widen consciousness out of the limits of the ego and the body, to heighten it by an inner will and aspiration and opening to the Light till it passes in its ascent beyond the mind, to bring down a descent of the Supramental Divine through self-giving and surrender with a consequent transformation of the mind, life and the body – this is the integral way of Truth. It is this that we call the Truth here and aim at in our Yoga.



## The Soul sings

Dr. Shuddhananda Bharati

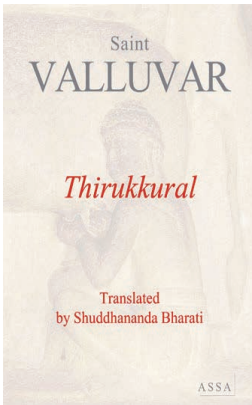
Collection Editions ASSA

August 2010 – 21.- CHF

ISBN : 978-2-940393-18-3, 157 pages, size 114 x 183 mm

By a self-gathered silence and tenth-plane trance of twenty-five years, the Yogi attained Godhood and directed his Cosmic Energy towards the inner- awakening of humanity. *The Soul sings* is a collection of his songs sparked out of his deep divine intuition.

These songs have the power to awaken the divinity in your heart; sing or read them with faith and fervour and you will have peace, bliss, light and energy.



## Thirukkural

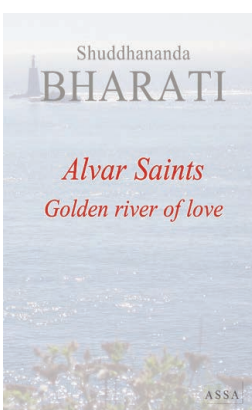
Saint Valluvar, translated by Dr. Shuddhananda Bharati

Collection Editions ASSA

August 2010 – 29.- CHF

ISBN : 978-2-940393-17-6, 185 pages, size 148 x 210 mm

There are three holy works by which the Tamil language has been universalised and immortalised. They are *Thirukkural*, *Thiruvachakam* and *Thirumandiram*. *Thirukkural* is the life, *Thiruvachakam* the heart and *Thirumandiram* the soul of Tamilian culture. We are here concerned with *Thirukkural* or Holy Kural of Saint Valluvar. It is a grand mosaic of cultural creation, a repertory of universal thoughts and truths. It is the one book for all, for all times and a world that lives it shall enjoy eternal peace, harmony, health, wealth, power, grace and bliss.



## Alvar Saints

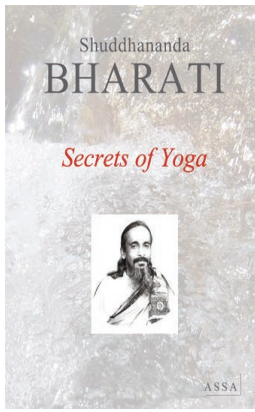
Dr. Shuddhananda Bharati

Collection Editions ASSA

May 2010 – 26.- CHF

ISBN : 978-2-940393-15-2, 165 pages, size 148 x 210 mm

The writer's kinship of mind and heart and soul with the saints, whom he describes and interprets and glorifies in his work, is remarkable and has enabled him to dive in the ambrosial ocean of the Alvars' souls, just as the Alvars had, in the author's own words, "Taken a deep plunge into the ocean of divine consciousness." Well does he say in apt and ardent language: "An Alvar is a golden river of love and ecstasy which finds its dynamic peace in the boundless ocean of Sat-Chid-Ananda."



## Secrets of Yoga

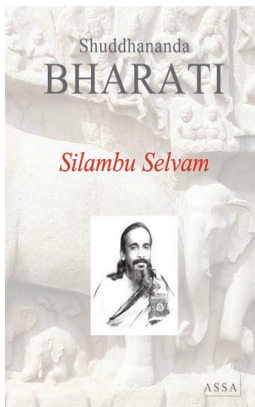
Dr. Shuddhananda Bharati

Collection Editions ASSA

March 2010 – 32.- CHF

ISBN : 978-2-940393-13-8, 236 pages, size 148 x 210 mm

Yoga quickens the evolution of man. Down the ages, evolution has held its course. Man should find his self-centre which is the generator of evolution. It accelerates the speed of evolution by the intensity of Sadhana. Yoga does it. Yoga is life, in tune with the Immortal One that is the Immutable in the changing variations of the mortal world; that is the eternal Witness, the passive Charioteer who is not moved by the battle of modes and dualities of Nature.



## Silambu Selvam

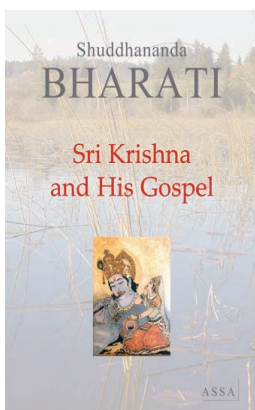
Dr. Shuddhananda Bharati

Collection Editions ASSA

January 2010 – 36.- CHF

ISBN : 978-2-940393-12-1, 369 pages, size 148 x 210 mm

A literary treasure is not just for a moment of life but for eternity. *Silappadikaram*, is one of them. It is a poetic masterpiece written by Ilango Adigal almost 2,000 years ago but still relevant today. The main characters of this history are Kovalan, his wife Kannagi, and the dancer Madhavi. Before writing a synopsis of *Silappadikaram* entitled *Silambu Selvam*, Dr. Shuddhananda Bharati critically studied 150 works and thus developed a thorough understanding of the *Silappadikaram*. The explanation of Indian music, of the effects of musical vibration on the body and of the meaning of hand gestures during the dance form of Bharata Natyam make *Silambu Selvam* a very rich book.



## Sri Krishna and His Gospel

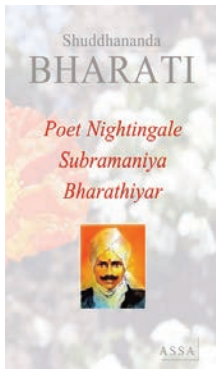
Dr. Shuddhananda Bharati

Collection Editions ASSA

July 2009 – 29.- CHF

ISBN : 978-2-940393-11-4, 171 pages, size 148 x 210 mm

Mysticism is not mystification. It is the cosmic, conscious, radiant intuition steeped in the love of God in the Self and in all. Mystics breathe in God-consciousness. The supernatural is to them natural. They live eternity in every breath. Their life is fragrant with divine perfume and beauty. They soar in the wider heaven of peace and bliss. They see God in and out. The whole universe is to them an omnipresence of the All-Beautiful. They revel in the flute-voice of Krishna and they become his Gopies. They see the stellar millions gemmed in the garland of psychic love. The spheres spinning in the airy void sing Aum into their ears.



## Poet Nightingale Bharathiyar

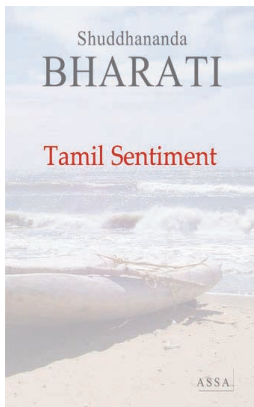
Dr. Shuddhananda Bharati

Collection Editions ASSA

March 2009 – 24.- CHF

ISBN : 978-2-940393-10-7, 207 pages, size 114 x 183 mm

Poet Subramania Bharathiyar is a Renaissance poet; he has breathed a new life into Tamil; it is because of him the barren land of Tamilagam has turned into a grove in spring. He is himself the nightingale of that grove. In his Kuyil Pattu (Songs of the Nightingale), the poet wants himself transformed into a nightingale.



## Tamil Sentiment

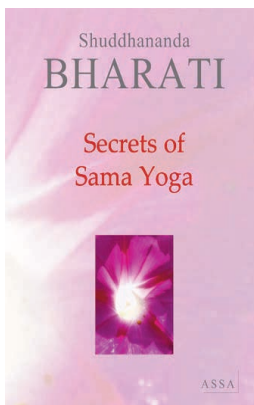
Dr. Shuddhananda Bharati

Collection Editions ASSA

May 2009 – 29.- CHF

ISBN : 978-2-940393-09-1, 202 pages, size 148 x 210 mm

Tamil shrines, Tamil culture, the history of Tamils, the greatness of ancient Tamils and the place they deserve in the history of the world, the state of Tamils at present, the means to improve their language, the awakening of Tamils, the renewed Tamil state, unity of consciousness, the art of living - all these and many more treasures are buried in this book. Precious poems like 'The Tamil Hymn', 'Stand upright, Tamilians', 'Garland of Tamil Love', 'My dear Tamils' - could give courage and determination to Tamils.



## Secrets of Sama Yoga

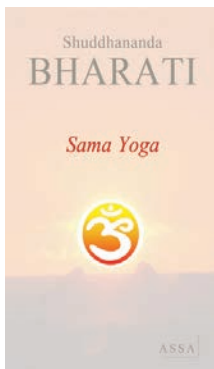
Dr. Shuddhananda Bharati

Collection Editions ASSA

January 2009 – 29.- CHF

ISBN : 978-2-940393-08-4, 183 pages, size 148 x 210 mm

In the heart of the knowledge of Yoga, of Upanishads, of Gita, of the gnostic balance, of the psychic devotion, all is analyzed and explained, from the physical functioning of the human body to its spiritual functioning. A river floods through hills and rills and changing levels to pour itself into the ocean. It is emptied by the earth, but is replenished by heaven. Men, animals and plants use it daily; rains and springs fill it again. Through plains and plateaux, through fields and meadows, through cities and hamlets it sweeps on singing "I'm Aum." that pervades all beings and transcends all.



## Sama Yoga

Dr. Shuddhananda Bharati

Collection Editions ASSA

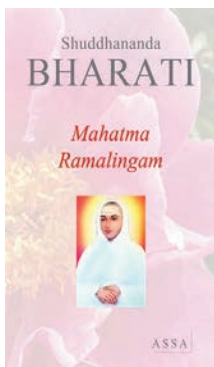
January 2009 – 21.- CHF

ISBN : 978-2-940393-07-7, 172 pages, size 114 x 183 mm

Our life is a soul force involved in matter. The matter and the soul are like the body and the driver of a car. Yoga goes deep into the soul and opens inner mysteries and releases the divine force in our mental and psychic being.

Science solves the external problems of life. Both unite to build up the harmony of collective universal life. Then we can see a transformed new humanity and ring in the blessed anthem of Peace for All.

A constructive science and dynamic Yoga can lead nations to live a life of purity, unity and divinity and liberate the mind from war mania.



## Mahatma Ramalingam

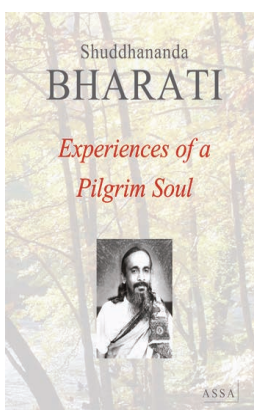
Dr. Shuddhananda Bharati

Collection Editions ASSA

December 2008 – 21.- CHF

ISBN : 978-2-940393-05-3, 154 pages, size 114 x 183 mm

Mahatma Ramalingam (Vallalar) experienced both the characteristics of form and formlessness in Jyoti, the divine light. It has a form because one can experience it and see it. It is also without form because one cannot feel it and it is likely to be extinguished. Vallalar believed that the Eternal Truth remains unrevealed and it is the Jyoti, the Vast Grace of Light, that causes the revelation of truth.



## Experiences of a Pilgrim Soul

Dr. Shuddhananda Bharati

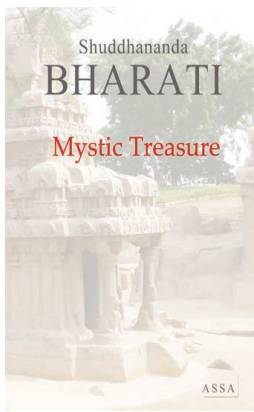
Collection Editions ASSA

December 2008 – 39.- CHF

ISBN : 978-2-940393-04-6, 503 pages, size 148 x 210 mm

Experiences of a Pilgrim Soul is an invaluable work that throws a flood of light upon the path of perfection, sainthood and eternal bliss. This invaluable work comes now at this critical moment like a sudden ray from the beacon tower flashing upon the dark storm-tossed waters of an ocean agitated by numerous conflicting forces. Let this spiritual radiance guide struggling souls to peace and bliss! Humanity should hail this monumental work with delight, devotion and sincere gratitude! Hail Maharishi Shuddhananda Bharati, the Bliss-Light now self-revealed! May joy, peace and immortality be unto all!

Ananda Kutir, Rishikesh, Swami Sivananda



## Mystic Treasure

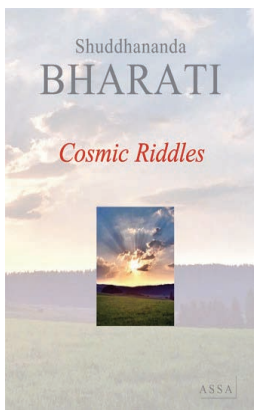
Dr. Shuddhananda Bharati

Collection Editions ASSA

December 2008 – 32.- CHF

ISBN : 978-2-940393-03-9, 230 pages, size 148 x 210 mm

Gold and silver and gems are treasures dug out of earthly mines. They adorn the body; but the body dies one day. This Mystic Treasure is the immortal wealth of Wisdom-lit souls. They are melodious sermons of the Spirit, the supernal voice of Master Mystics. We have a plethora of such hymnal treasures in Tamil. Their emotional symphony moves our heart. We have chosen in this Mystic treasure 676 such inspiring hymns suitable for singing, meditation and prayer and lectures.



## Cosmic Riddles

Dr. Shuddhananda Bharati

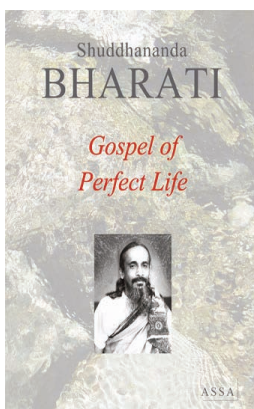
Collection Editions ASSA

December 2008 – 26.- CHF

ISBN : 978-2-940393-02-2, 144 pages, size 148 x 210 mm

A clear answer to the endless doubts and contradictions in the life of men and women in this world. This is an answer to innumerable questions put to the enlightened author during his wide tours in the countries of the East and West.

Culture, as many artists understand it, unifies the people and enters them through song, literature, cinema, theatre, etc. This is also an approach to the relation between man and God. It contains a perceptible description and specifies many of the riddles of existence to help human beings to an understanding.



## Gospel of Perfect Life

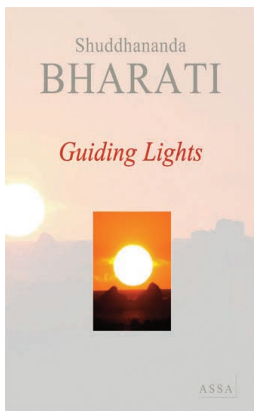
Dr. Shuddhananda Bharati

Collection Editions ASSA

December 2008 – 32.- CHF

ISBN : 978-2-940393-01-5, 226 pages, size 148 x 210 mm

This Gospel of Perfect Life gives you in twelve treatises the graded Sadhanas of Sama Yoga. Spiritual Socialism, Sama Yoga is the fulfilment of all human hopes and endeavours. It is the pattern of a better, higher, purer collective life in tune with the Soul that is one in all. The spiritual socialist sees all in the One and the One in all. The universe is his temple. The collective human soul is his God and dedicated service is his worship. To see all happy is his Self-Delight. The allness of the individual is the basis of this Socialism - to feel one with all in cosmic consciousness. Spiritual Socialism is the panacea for the war-worn world.



## Guiding Lights

Dr. Shuddhananda Bharati

Collection Editions ASSA

February 2008 – 26.- CHF

ISBN : 978-2-940393-00-8, 145 pages, size 148 x 210 mm

Guiding Lights. You are the Light of Divinity. Go deep within; the music of serene silence leads you on. The mystic Aum-Light calls you within saying: "I am, Aum." Life is an efflorescence of its splendour. It harmonises the many in the one. It is the I-Self, the individual.

The universe of beings is its All-Self. It is the same beyond name and form - the cosmic-Self, ever as it is, immutable, immortal. To realise this Cosmic Selfhood, to see that Self in All, is the goal of Yoga, Vedanta, Siddhanta, Religion or Dharma. The technique of attaining That is Yoga. Yoga is the Gospel of perfect life in tune with the Self-I that pervades all beings and transcends all.

## The Secrets of Sadhana

Dr. Shuddhananda Bharati

Collection Editions ASSA

July 2007 – 19.- CHF

ISBN : 978-2-9700391-9-8, 95 pages, size 114 x 183 mm

ISBN : 978-2-88922-118-2, e-book format pdf A4, 37 pages, 14.- CHF

ISBN : 978-2-88922-119-9, e-book format epub, 41 pages, 14.- CHF

The Secret of Sadhana. The word Sadhana means effort, accomplishment. It is making effort towards self-finding and towards the perfection of the human through union with the Divine. This book will be very useful to the aspirants of self-perfection.

Purity, Unity, Divinity and Equality of soulful life for all humanity is the unique principle of this inspired work.

## The Divine Master

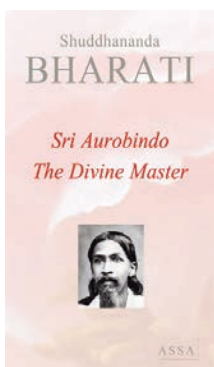
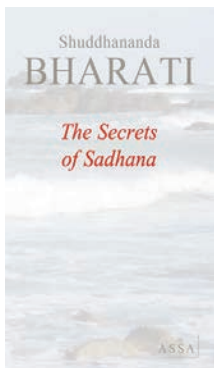
Dr. Shuddhananda Bharati

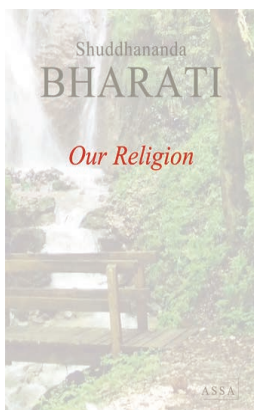
Collection Editions ASSA

May 2007 – 21.- CHF

ISBN : 978-2-9700391-8-1, 162 pages, size 114 x 183 mm

Divine Masters like Sri Aurobindo descend to Earth but once in several centuries. They come with the Divine Force to lift Man to his innate godhood, to establish the spiritual law of existence, to free the Divine in Man from the Asuric tyranny of the lower vital egoism. The birth of such a god-man is not an ordinary birth in ignorance. It is a soul-birth. It is the dual phenomenon of divinity and humanity. Calm, majestic, radiant, self-fixed, enthroned upon dynamic peace, the personality of Sri Aurobindo compels our adherence and adoration. Every aspect of his life shows the Superman in him.





## Our Religion

Dr. Shuddhananda Bharati

Collection Editions ASSA

May 2007 – 26.- CHF

ISBN : 978-2-9700391-7-4, 171 pages, size 148 x 210 mm

Our Religion is a spiritual treasure bequeathed to humanity at large, by the nonagenarian Kavi Yogi living in inner communion, ever alert and active. He is held in great regard as a poet and realised saint by great souls like Sri Aurobindo, Ramana Maharishi, Sri Sivananda, Gandhiji, V. V. S. Ayyar, Rabindranath Tagore, Bernard Shaw, Bertrand Russell, Romain Rolland, etc. Our Religion is a treatise on one universal, right, introspective life for all humanity. Purity, Unity, Divinity and Equality of soulful life for all humanity is the unique principle of this inspired work.

## A Study

Sri Dewan Bahadur

Collection Editions ASSA

May 2007 – 32.- CHF

ISBN : 978-2-9700391-6-7, 224 pages, size 148 x 210 mm

ISBN : 978-2-88922-012-0, e-book format pdf A4, 136 pages, 27.- CHF

This book was offered to the Seer-Poet, Savant, Yogi Dr. Shuddhananda Bharati of Tamil Nadu, for his 50th Birthday, 11th May 1947. It was a well merited appreciation, this loving souvenir of the life and poetic genius of Seer-Poet Yogi Dr. Shuddhananda Bharati, presented to him by the well-known and voluminous writer on Indian Art and Culture.

A Study will help the English reading public to know such a unique personality who still remains unknown to the world. We are very much indebted to Sri Dewan Bahadur for his timely contribution of this work to the biographical literature of the world. We hope that a study of this book will give the public a vivid and illumined picture of the Yogi who has made his entire life a offering to God in the Spirit and God in humanity.

## Yoga for All

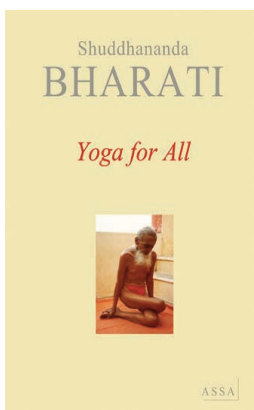
Dr. Shuddhananda Bharati

Collection Editions ASSA

July 2007 – 26.- CHF

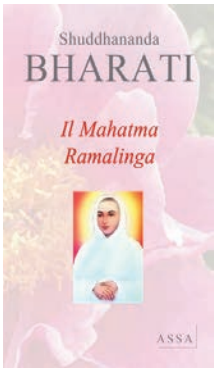
ISBN : 978-2-9700391-5-0, 159 pages, size 148 x 210 mm

A hidden light smiles in every heart. We want peace and bliss and they are the very nature of our Soul. Yoga is right life, right movement. We live by the union of several elements and principles. The lungs breathe in union with the air; the lungs live in Yoga with the air. The heart beats in union with the blood; the heart lives in Yoga with the blood. Our body lives in union with the Pure Spirit and that in union with the Divine. This union is called Yoga.





## Libri in italiano



### Il Mahatma Ramalinga

Dr. Shuddhananda Bharati

Collection Editions ASSA

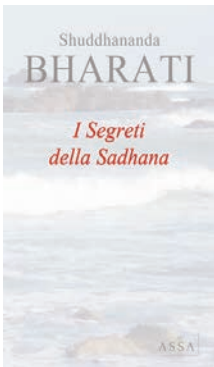
Marzo 2013 – 19.- CHF

ISBN : 978-2-940393-48-0, 133 pagine, dimensione 114 x 183 mm

ISBN : 978-2-88922-116-5, e-book formato pdf A4, 62 pagine, 14.- CHF

ISBN : 978-2-88922-117-2, e-book formato epub, 72 pagine, 14.- CHF

Il Mahatma Ramalinga ha conosciuto gli aspetti di entrambe le forme visibile e non visibile di *Jyothi*, la Luce divina. Essa ha una forma, perché la si può sperimentare e vedere; al contempo, è anche priva di forma, perché non la si può sentire e può svanire. Il Mahatma Ramalinga ha ritenuto che la Verità eterna resti non rivelata e che sia *Jyothi*, la Luce infinita della Grazia, a provocare la rivelazione della Verità.



### I Segreti della Sadhana

Dr. Shuddhananda Bharati

Collection Editions ASSA

Luglio 2012 – 19.- CHF

ISBN : 978-2-940393-45-9, 99 pagine, dimensione 114 x 183 mm

ISBN : 978-2-88922-110-3, e-book formato pdf A4, 39 pagine, 14.- CHF

ISBN : 978-2-88922-110-0, e-book formato epub, 46 pagine, 14.- CHF

ISBN : 978-2-88922-120-2, audiolibro CD 1 e 2, 21.- CHF

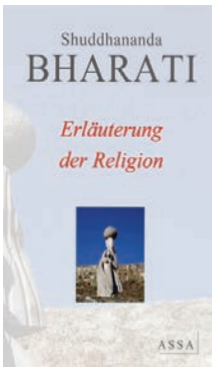
ISBN : 978-2-88922-121-9, audiolibro MP3, 12.- CHF

Il termine "Sadhana" significa sforzo, conseguimento di un obiettivo. È lo sforzo che si compie per trovare se stessi e raggiungere la perfezione dell'umano attraverso l'unione con il Divino. L'animo umano si fa strada attraverso le incognite del Destino e le vicissitudini della vita per arrivare a perdersi in un oceano assoluto di pace, beatitudine e verità.

Il fine delle acque è il mare. Il fine dell'Uomo è Dio.

## Bücher in deutscher Sprache

### Erläuterung der Religion



Shuddhananda Bharati

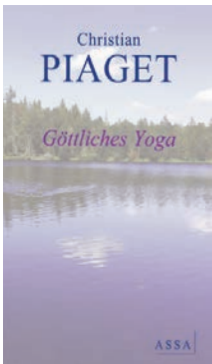
Kollektion Editions ASSA

Mai 2022 – 19.- CHF

ISBN : 978-2-889220-14-4, 127 Seiten, Größe 114 x 183 mm

Das Universum wurde aus dem himmlischen und feinstofflichen Element des Tones erschaffen. In Form von Fragen des Schülers an den Lehrmeister, führt uns die *Erläuterung der Religion* auf dem spirituellen Weg der Harmonie und der Einheit. Diese Religion, die nicht „dieses ja, jenes nein“ verkündet, ist der reine Siddhanta, reines Yoga oder höchste Glückseligkeit. Sie hat die *Veden* zum Vater, die *Agamas* zur Mutter, und Yoga ist ihre Seele. Sie ist die älteste Religion der Welt. Dieser Weg ist gepflastert mit gutem Betragen, Anbetung von Gott, reines spirituelles Yoga und spirituelle Weisheit. Gott und die individuelle Seele sind miteinander verschmolzen wie das Salz im Meerwasser.

### Göttliches Yoga



Christian Piaget

Kollektion Editions ASSA

Mai 2021 – 19.- CHF

ISBN : 978-2-889220-66-3, 129 Seiten, Größe 114 x 183 mm

„Glück ist der einzige natürliche Zustand des Lebens.“

Göttliches Yoga gibt uns eine neue Perspektive auf alle verschiedenen Traditionen des Yoga. Seine Worte zerschmelzen wie Honig im Geist, sie erweichen das Herz und sind Musik für die Seele. Das spirituelle Leben, das jenseits des mentalen Lebens existiert, in einen neuen göttlichen Zustand überführt wird, sowie die Verwirklichung des letztendlichen Heils in diesem Leben – das ist das edle Ziel des integralen Yoga (*Göttliches Yoga*).

### Der gegenwärtige und zukünftige Mensch



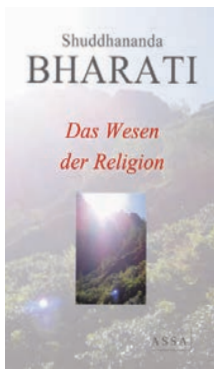
Dr. Shuddhananda Bharati

Kollektion Editions ASSA

Juni 2019 – 19.- CHF

ISBN : 978-2-889220-30-4, 143 Seiten, Größe 114 x 183 mm

*Der gegenwärtige und zukünftige Mensch* erweckt die Leser zu den wertvollen Lehren der Vergangenheit, die uns, wenn sie in der Gegenwart umgesetzt werden, zum Aufbau einer besseren Zukunft führen werden, in der die Welt nicht apathisch und ignorant ist und die geistige Harmonie behindert. Die Annahme von Elementen aus der Vergangenheit ist nicht die Ablehnung der Gegenwart; dieses Buch ist eine Einführung in die Suche nach einem Gleichgewicht.



## Das Wesen der Religion

Dr. Shuddhananda Bharati

Kollektion Editions ASSA

June 2018 – 19.- CHF

ISBN : 978-2-889220-15-1, 132 Seiten, Größe 114 x 183 mm

Die sanften tamilischen Lieder des *Samaya Saaram* offenbaren in ihrer Einfachheit die Klarheit der grossen Philosophien, der spirituellen Regeln und der Religionen der Welt. Dieses Buch zu lesen und zu studieren heisst, mehrere Religionen kennenzulernen, die elementare Wahrheit wahrzunehmen; heisst auch verstehen, dass alle Menschen eine einzige Familie bilden, die ohne Unterscheidung von Kasten oder Glauben leben kann.



In 40 Tagen Ruhe und Gelassenheit finden, nach einem Todesfall oder einer Trennung.

Rosette Poletti

Editions ASSA  
CH-1454 L'Auberson

## In 40 Tagen Ruhe und Gelassenheit finden

Rosette Poletti

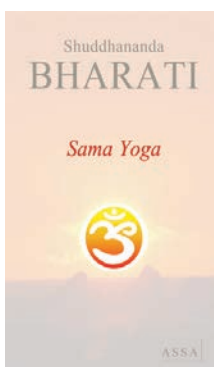
Mit Aromatherapie

Editions ASSA, Collection ASSA Aspérule

November 2016 – 27.- CHF

ISBN : 978-2-88922-003-8, 40 Karten, Format 54 x 84 mm

Sie durchqueren eine dunkle Zeit in Ihrem Leben, Sie erleben harte Zeiten. Auch ich habe dies erlebt und ich begleitete seit Jahren viele Menschen durch diese Zeit der Trauer. Deshalb habe ich, auf deren Rat, diesen Kartensatz entworfen, der Sie 40 Tage lang begleitet. Stellen Sie einfach den Kartenhalter an eine sichtbare Stelle, und lesen Sie jeden Tag eine neue Karte, die Sie dann, nach dem Lesen, zuhinterst an den Kartensatz zurücklegen.



## Sama Yoga

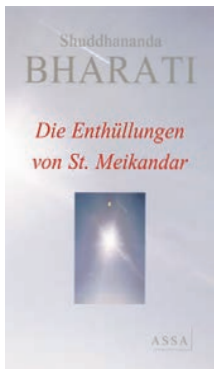
Dr. Shuddhananda Bharati

Kollektion Editions ASSA

November 2015 – 21.- CHF

ISBN : 978-2-940393-79-4, 179 Seiten, Größe 114 x 183 mm

Unsere Existenz ist eine in die Materie verkörperte Kraft der Seele. Man kann die Materie und die Seele mit der Karosserie und dem Fahrer eines Autos vergleichen. Yoga dringt ins Innerste der Seele, öffnet die inneren Rätsel und befreit die göttliche Kraft unseres mentalen und psychischen Seins. Die Wissenschaft löst die äusseren Probleme. Yoga und Wissenschaft bauen zusammen die Harmonie des universellen gemeinschaftlichen Lebens auf. So sehen wir eine veränderte neue Menschheit, wir hören das gesegnete Lied des Friedens für alle.



## Die Enthüllungen von St. Meikandar

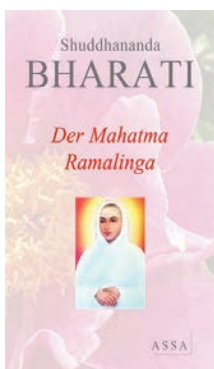
Dr. Shuddhananda Bharati

Kollektion Editions ASSA

Mai 2014 – 19.- CHF

ISBN : 978-2-940393-58-9, 127 Seiten, Größe 114 x 183 mm

Dieses Buch von seltener Qualität über Existenz und Evolution der Seele ist ein Geschenk an diejenigen, die die Wahrheit suchen. Der Name Meikandar („der die Wahrheit sieht“) bezeichnet einen perfekten Yogi, einen göttlichen Jnani, der aus dem Inneren heraus die reine und lautere Wahrheit verkündet über die drei ewigen Entitäten : Gott, die Seele und das Universum. An alle, die über die ewige Wahrheit denken und forschen.



## Der Mahatma Ramalingam

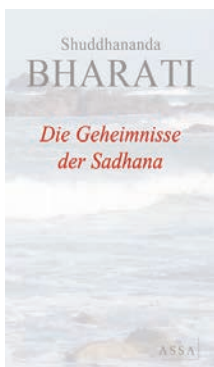
Dr. Shuddhananda Bharati

Kollektion Editions ASSA

Mai 2013 – 21.- CHF

ISBN : 978-2-940393-47-3, 171 Seiten, Größe 114 x 183 mm

Mahatma Ramalinga hat sowohl die Eigenschaften von sichtbaren und nicht-sichtbaren Formen von *Jyoti*, Divine Light erlebt. Es hat eine Form, weil Sie erleben und sehen können. Es ist formlos, weil du nicht fühlen kannst, und es kann losgehen. Mahatma Ramalinga angenommen, dass die ewige Wahrheit offenbarte bleibt und *Jyoti*, unendliche Gnade Licht, so dass die Offenbarung der Wahrheit.



## Die Geheimnisse der Sadhana

Dr. Shuddhananda Bharati

Kollektion Editions ASSA

August 2012 – 19.- CHF

ISBN : 978-2-940393-46-6, 103 Seiten, Größe 114 x 183 mm

ISBN : 978-2-88922-112-7, e-book Format pdf A4, 40 Seiten, 14.- CHF

ISBN : 978-2-88922-113-4, e-book Format epub, 54 Seiten, 14.- CHF

Sadhana bedeutet Anstrengung, Verwirklichung. Dieses Wort bezeichnet die vollbrachte Anstrengung zur Entdeckung seiner selbst und der Vervollkommnung des Menschen, und zwar durch die Verbindung mit Gott. Die Flüsse kämpfen sich in der Natur durch dick und dünn, bis sie sich in den weiten Ozean ergießen. Die menschliche Seele kämpft, um die Hürden des Schicksals und die tausend und eine Schwierigkeiten des Lebens zu überwinden, bevor sie in den einzigartigen Ozean des Friedens, der Glückseligkeit und der Wahrheit gelangt. Das Ziel des Wassers ist das Meer, das Ziel des Menschen ist Gott.

## Boeken in het Nederlands



### De geheimen van Sadhana

Dr. Shuddhananda Bharati

Collection Editions ASSA

May 2013 – 19.- CHF

ISBN : 978-2-940393-52-7, 96 Pagina's, Formaat 114 x 183 mm

ISBN : 978-2-88922-124-0, e-book Formaat pdf A4, 40 Pagina's, 16.- CHF

De term "Sadhana" betekent inspanning, de verwezenlijking van een doelstelling. Het is de moeite die het kost om jezelf te vinden en menselijke volmaaktheid te bereiken door middel van eenheid met het Goddelijke. De menselijke ziel maakt zijn weg door de onbekenden van Destiny en de wisselvalligheden van het leven te krijgen om te verdwalen in een oceaan van absolute rust, geluk en waarheid. Het uitzicht over het water is de zee. Het einde van de mens is God.